

Become a REST Companion™



RESPITE EDUCATION & SUPPORT TOOLS

Delivering education
and support to those
offering a break to
caregivers.

REST, Respite Education and Support Tools,
is a unique, interactive training program,
where you will receive the education and
tools needed to be confident and successful in
providing respite care to adults and children.



**Tuesday, November 7,
2017**

8:00am – 4:00pm

Granite Falls, MN

**Please contact Mark Roisen at
(320) 564-3235 or
marklahbnp@mtvwireless.com
for more information**

**Wednesday, November
15, 2017**

8:00am – 4:00pm

Warren Community Center

**110 West Johnson Warren,
MN 56762**

**Please contact Sadie
Gornowicz at
satemple@yahoo.com for
more information**

**Saturday, November 18,
2017**

8:00am – 4:00pm

Bemidji, MN

**Please contact Serenity
Walker at (218) 333-8262
or
serenity.walker@co.beltranu.mn.us for more
information**



www.restprogram.org



