

Become a REST Companion™



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools, is a unique, interactive training program, where you will receive the education and tools needed to be confident and successful in providing respite care to adults and children.

**TRAINING
OPPORTUNITY!**

Tuesday, November 7,
2017

8:00am – 4:00pm

Granite Falls, MN

Please contact Mark Roisen at
(320) 564-3235 or
marklahbnp@mtvwireless.com
for more information

Wednesday, November
15, 2017

8:00am – 4:00pm

Warren Community Center

110 West Johnson Warren,
MN 56762

Please contact Sadie
Gornowicz at
satemple@yahoo.com for
more information

Saturday, November 18,
2017

8:00am – 4:00pm

Bemidji, MN

Please contact Serenity
Walker at (218) 333-8262
or
[serenity.walker@co.beltra
nu.mn.us](mailto:serenity.walker@co.beltra.nu.mn.us) for more
information



www.restprogram.org



