Become a REST Companion[™]



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,

is a unique, interactive training program,

where you will receive the education and

tools needed to be confident and successful in

providing respite care to adults and children.



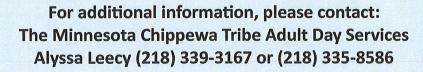
Upcoming REST Training Location



Adult Day Services 15546 State 371 NW Cass Lake MN 56633

January 29th from 8:15AM - 4:15PM





To register, please contact:
Alyssa Leecy (218) 339-3167 or Drew Annette (218) 335-8586 x. 127



www.restprogram.org

