

# Become a REST Companion<sup>TM</sup>



*Delivering education and support to those offering a break to caregivers.*

## **REST, Respite Education and Support Tools,**

is a unique, interactive training program, where you will receive the education and tools needed to be confident and successful in providing respite care to adults and children.

**TRAINING  
OPPORTUNITY!**

### Upcoming REST Training Location



**Adult Day Services  
15546 State 371 NW  
Cass Lake MN 56633**



**January 29th from 8:15AM - 4:15PM**

**7 CEU's for Social Workers & Nurses**

**For additional information, please contact:  
The Minnesota Chippewa Tribe Adult Day Services  
Alyssa Leecy (218) 339-3167 or (218) 335-8586**

**To register, please contact:  
Alyssa Leecy (218) 339-3167 or Drew Annette (218) 335-8586 x. 127**



**[www.restprogram.org](http://www.restprogram.org)**

