

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,
is a nationally-recognized interactive two-day
Train-the-Trainer course that prepares those
who will train respite care workers
in their own communities.



**Spanish Language
Materials available
for Bilingual Trainers!**

REST Training Information

November 15-16, 2017

8:00 a.m. — 4:00 p.m.

St. Paul, Minnesota

Hampton Inn & Suites - Downtown St. Paul

200 W. 7th Street
St. Paul, MN 55102

**SCHOLARSHIPS AVAILABLE: A \$595 VALUE!
Limited spots available by invitation.**

This training is made possible through Live Well at Home grant funding from the Minnesota Department of Human Services.

Register today! <http://restprogram.org/events-page/>

**13.5 CEs
available for
Nurses and Social
Workers**



For Information, Contact

Sue Wenberg, DHS/MBA Family Caregiver Program
Consultant at sue.wenberg@state.mn.us
or **651-431-2587**.



Lois Sheaffer, Director of REST
at lsheaffer@restprogram.org
or **630-397-5655**.

For more information, visit

www.restprogram.org