



***Respite Education and Support Tools Training***

**REST provides attendees with information and best practice guidelines for caring for those in need assistance so that the full-time caregiver has a reprieve. The course covers techniques and insight for assisting others with a variety of impairments from children to adolescents to aging adults.**

**Sponsored by Nevada Aging and Disabilities Services Department  
at no fee.**

**All materials are provided plus  
breakfast, snacks, and lunch.**

**7 CE units available for \$15.**

**Humboldt General Hospital Sonoma Room**

**118 E Haskell Street - Winnemucca**

**October 29, 2018**

**8am-4pm**

**Register today**

***Gini Cunningham***

**[gini.cunningham@sbcglobal.net](mailto:gini.cunningham@sbcglobal.net)**

**775-304-2899**

***Your knowledge will make a positive difference  
in the lives of others.***



**Trained REST Companions 2018**