

Become a REST Companion™



*Delivering education and
support to those offering
a break to caregivers.*

REST, Respite Education and Support Tools,
is a unique, interactive training program,
where you will receive the education and
tools needed to be confident and successful in
providing respite care to adults and children.

**TRAINING
OPPORTUNITY!**

REST Training in Marquette!

**** NO COST TO ATTEND – REGISTRATION REQUIRED****

Thursday, September 14 and Thursday, September 21 2017

9:00 a.m. – 2:00 p.m. – Both Days required (Lunch included)

Location: Lake Superior Life Care & Hospice
914 W. Baraga Ave.
Marquette, MI 49855

For Information, Contact

1-800-338-7227

Dial 2-1-1 or visit us on the web at www.upcap.org

Registration open to both paid and informal caregivers

