

***REST Training
In Winnemucca***

Respite Education and Support Tools Training

REST provides attendees with information and best practice guidelines for caring for those in need so that the full-time caregiver can have a reprieve. The course covers techniques and insight for assisting others with a variety of impairments from children to adolescents to aging adults.

Sponsored by Nevada Aging and Disabilities Services Department at no fee. All materials provided plus breakfast, snacks, and lunch.

7 CE units available for \$15.

**Humboldt General Hospital Sarah Winnemucca Room
118 E Haskell Street - Winnemucca**

September 8, 2018

8am-4pm

Register today

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***Your training and knowledge will make a positive difference
in the lives of others.***



REST Companions 2018