

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,
is a nationally-recognized interactive two-day
Train-the-Trainer course that prepares those
who will train respite care workers
in their own communities.



2017-2018 REST Training Locations

**Spanish
Language
Materials
available
for Bilingual
Trainers!**

**September 13-14
Kingston, NY**

**November 15-16
St. Paul, MN**

**October 16-17
Malone, NY**

**January 9-10
Boynton Beach, FL**

**November 2-3
Reno, NV**

**REST Master Trainer Course:
Albany, NY - October 4-5**

Register today! <http://restprogram.org/event/>

 **For Information, Contact** 

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For more information, visit

www.restprogram.org