

# Building Networks of Support for Caregivers



*Delivering education and support to those offering a break to caregivers.*

**REST, Respite Education and Support Tools,**  
is a nationally-recognized interactive two-day  
Train-the-Trainer course that prepares those  
who will train respite care workers  
in their own communities.



## 2018 REST Training Locations

**Spanish  
Language  
Materials  
available  
for Bilingual  
Trainers!**

**January 9-10  
Boynton Beach, FL**

**March 22-23  
Endwell, NY**

**January 23-24  
Escanaba, MI**

**January 30-31  
Flowood, MS**

**REST Master Trainer Course:  
Bloomingdale, IL  
March 6-7  
Addison, IL  
June 20-21**

**Register today! <http://restprogram.org/event/>**

 **For Information, Contact** 

Kelly Fitzgerald, REST Training Development  
Manager at [kfitzgerald@restprogram.org](mailto:kfitzgerald@restprogram.org) or  
**630-397-5658.**

Lois Sheaffer, Director of REST at  
[lsheaffer@restprogram.org](mailto:lsheaffer@restprogram.org) or  
**630-397-5655.**

*For more information, visit*

**www.restprogram.org**