

# Building Networks of Support for Caregivers



*Delivering education and support to those offering a break to caregivers.*

## **REST, Respite Education and Support Tools,**

is a nationally-recognized interactive two-day Train-the-Trainer course that prepares those who will train respite care workers in their own communities.



## **2018 REST Training Locations**

**Spanish  
Language  
Materials  
available  
for Bilingual  
Trainers!**

**January 9-10  
Boynton Beach, FL**

**March 22-23  
Endwell, NY**

**January 23-24  
Escanaba, MI**

**January 30-31  
Flowood, MS**

**REST Master Trainer Course:  
Bloomington, IL  
March 6-7  
Addison, IL  
June 20-21**

**Register today! <http://restprogram.org/event/>**



**For Information, Contact**



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*For more information, visit*

**www.restprogram.org**