

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,

is a nationally-recognized interactive two-day Train-the-Trainer course that prepares those who will train respite care workers in their own communities.



REST Training Information

**Spanish
Language
Materials
available
for Bilingual
Trainers!**

July 19-20, 2017

9:00 a.m. — 5:00 p.m.

Alabama REST Training

Location To Be Determined

Training Fee: \$595

Includes lunch and snacks

Apply today at <http://restprogram.org/events-page/>



For Information, Contact



Leisa Askew, Program Coordinator of
Alabama Cares at laskew@lrcog.com or
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630-397-5658.

For more information, visit

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