

# Building Networks of Support for Caregivers



*Delivering education and support to those offering a break to caregivers.*

**REST, Respite Education and Support Tools,**  
is a nationally-recognized interactive two-day  
Train-the-Trainer course that prepares those  
who will train respite care workers  
in their own communities.



## REST Training Information

**Spanish  
Language  
Materials  
available  
for Bilingual  
Trainers!**

**July 19-20, 2017**  
9:00 a.m. — 5:00 p.m.

**Alabama REST Training**  
Location To Be Determined

**Training Fee: \$595**  
Includes lunch and snacks

Apply today at <http://restprogram.org/events-page/>



**For Information, Contact**



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For more information, visit

**www.restprogram.org**