



**Tuesday Afternoons**  
12:00PM-1:30PM CST  
1:00PM EST-2:30PM CST

**Tuesday Evenings**  
6:00PM-7:30PM CST  
7:00PM-8:30 PM EST

**All sessions offered via Zoom**

Positive Solutions for Families (PSF) is an evidence-informed seven-part series for parents and caregivers of young children. Participants will learn how to use positive approaches and effective techniques to improve interactions with their child(ren). These tools will promote optimal development and will address challenging behaviors.

Session 1: Making a Connection  
Session 2: Keeping it Positive  
Session 3: Behavior Has Meaning  
Session 4: The Power of Routines  
Session 5: Teach Me What to Do!  
Session 6: Responding With Purpose  
Session 7: Bringing it All Together

REGISTER FOR A  
COHORT USING  
THE QR CODE  
BELOW!

