

# Positive Solutions for Families

**Tuesday Afternoons**  
12:00PM-1:30PM CST  
1:00PM EST-2:30PM CST

**Tuesday Evenings**

6:00PM-7:30PM CST  
7:00PM-8:30 PM EST

**All sessions offered via Zoom**

Positive Solutions for Families (PSF) is an evidence-informed seven-part series for parents and caregivers of young children. Participants will learn how to use positive approaches and effective techniques to improve interactions with their child(ren). These tools will promote optimal development and will address challenging behaviors.

- Session 1: Making a Connection
- Session 2: Keeping it Positive
- Session 3: Behavior Has Meaning
- Session 4: The Power of Routines
- Session 5: Teach Me What to Do!
- Session 6: Responding With Purpose
- Session 7: Bringing it All Together

**REGISTER FOR A COHORT USING THE QR CODE BELOW!**

