

## CRC Spring 2022 Hybrid/Virtual Meeting Calendar (Links and Descriptions)

# **Tuesdays/Thursdays**

12 Step Topics Meeting - 3:30pm to 4:30pm (facilitated by Crystal – B67E Logan Hall and Zoom)

https://unm.zoom.us/j/91538891918

## Wednesdays

Meditation Meeting - 2pm to 3pm (facilitated by Denise - B67E Logan Hall and Zoom)

https://unm.zoom.us/j/93321323018

Women's Recovery Meeting – 6pm to 7pm (facilitated by Marni – Zoom only)

https://unm.zoom.us/j/92645345656

## **Thursdays**

All Recovery Meeting – 7pm to 8pm (facilitated by Marni – Zoom only)

https://unm.zoom.us/j/95505742346

# **Meeting Descriptions**

### **12 Step Topics Meeting**

A non-traditional, open forum around 12 step recovery. This meeting will be centered around connecting with others within the recovery community, whether you are new, in long-term recovery, or just curious about what the 12 steps are. This is a safe and confidential place, welcoming all who are looking for on campus recovery support.

#### **Meditation Meeting**

This meeting will begin with a 20-minute meditation and follow with optional recovery check in and discussion. All students in and seeking recovery are welcome. No level of meditation skill is required.

### Women's Meeting

This is a topical recovery meeting for anyone who identifies as female and wishes to engage in meaningful discussion and support.

#### All Recovery

An All-Recovery meeting welcomes all who struggle with addiction. Meetings are "non-denominational", meaning all pathways of recovery are embraced here.

