

# FREE Training for IHSS Caregivers & IHSS Consumers

New Classes Now Available Online via Zoom!

The **Center for Caregiver Advancement** (CCA) and the **Personal Assistance Services Council, Los Angeles** (PASC LA) are partnering to offer free online courses to In-Home Supportive Services (IHSS) caregivers and IHSS consumers.



## CCA instructors will teach you special skills in:

### Alzheimer's Disease and Related Dementias (ADRD)

Learn the caregiving skills needed to care for people with Alzheimer's disease and related dementia. Understand how to manage symptoms and behaviors like sundowning, hallucinations, and wandering.

### Emergency and Disaster Readiness (EDR)

Gain caregiving skills specialized for assisting care recipients in fires and other emergencies. Learn about emergency kits, lift-and-carry, protective actions, community resources, and trauma.

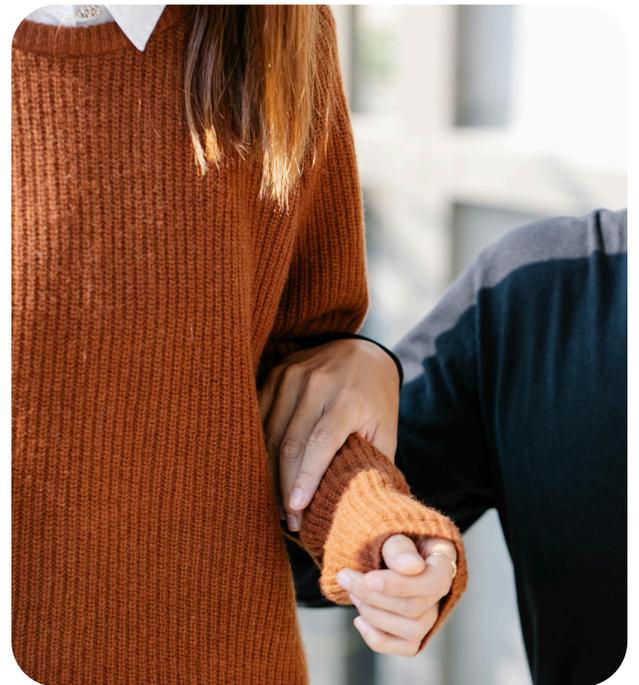
**Website:** [www.pascla.org](http://www.pascla.org)

**Email:** [recruitment@pascla.org](mailto:recruitment@pascla.org)

**Call:** 1-877-565-4477

To sign up, visit  
[cca.tfaforms.net/304](https://cca.tfaforms.net/304)

OR SCAN THE QR CODE



## CCA & PASC LA Aim to Help Caregivers & Consumers:

- Gain New Skills
- Feel Empowered
- Improve Care

Take one class or all of them. All class modules are open to you! You can sign up for each class module separately.

**PLEASE NOTE:** In order to participate in these trainings, you have to be actively registered with the PASC Registry. After completing the application, applicants will receive an email with the next steps for self-registration.