TEAMWORK

VIA Survey calls this strength Teamwork

***Virtue: Justice**. Strengths of justice refer to the optimal relationship between the individual and the group or community, rather than the more one-to-one relationships in the humanity virtue. These strengths include: teamwork, fairness, and leadership.*

THE POSITIVITY PROJECT

WHAT DOES TEAMWORK MEAN?

You work well as a member of a group or team. You are loyal, reliable, and dedicated to helping your team achieve its goals.

Teamwork is the ability and willingness to place overall group success as a higher priority than individual achievement. Citizenship is a willingness to work towards the common good as opposed to one's own self-interest. Those who demonstrate strengths in teamwork and citizenship often work to help all group members find success. These individuals are willing to commit time and resources in order to further group goals and help toward the greater good.

This strength is associated with naturally positive feelings that accompany being a member of a family, team, school, political party, ethnic group, or country. However, those positive feelings can come with bad behavior towards the "out-group" in the form of blind obedience, disparaging words, or prejudice. This is important to guard against by leveraging a person's other positive character strengths.

WHY DOES IT MATTER?

For individuals, teamwork often means deferring or delaying individual accomplishments in order to ensure that the group maintains a high level of success. Their commitment to the larger group effort makes them both good teammates and citizens. The positive feelings associated with being part of a larger whole – can be highly beneficial and combat selfishness and egotism.

Our ability to work effectively within group structures is tied directly to the group's ability to succeed. In schools and workplaces across the world, commitment to teamwork and to the "greater good" helps to further learning and achievement for all group members. Maintaining the idea that "Other People Mindset" is essential to any successful team environment.

Individuals with this strength might be described as:

- Loyal
- Dedicated
- Collaborative
- Reliable
- Cooperative
- Inclusive

Individuals with this strength are likely to think, feel, or behave in the following ways:

- If we work together, we can accomplish major feats.
- You owe it to your country to help make it better.
- I want to help. It feels good to sacrifice for the greater good.
- By working together, we will be more successful.
- We would love for you to join us.
- It's more important to me that we are successful than it is that I am successful.

QUOTES ON TEAMWORK

"Coming together is the beginning. Keeping together is progress. Working together is success."
-HENRY FORD

"I am a member of a team, and I rely on a team. I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion."
-MIA HAMM

"Never believe that a few caring people can't change the world. For indeed, that's all who ever have."
-MARGARET MEAD

"Life's most persistent and urgent question is, 'What are you doing for others?'"
-MARTIN LUTHER KING, JR.