

programs & presentations

Fall
2017

Register online at familycenterweb.org or call 313.447.1374

Mental Health First Aid Training: For Adults Working/Interacting with Youth

September 13 and September 20, 5:30-9:30pm, at Grosse Pointe Memorial Church, 16 Lake Shore Drive, Grosse Pointe Farms, **FREE** Limited to 30 attendees.

This eight-hour training (two four-hour sessions) is intended for adults who are working or interacting with youth, to detect and respond to mental health issues. The session includes a five-step action plan demonstrating how to assess a situation, select and implement interventions and secure appropriate care for the individual.

Presented in partnership by The Family Center, Grosse Pointe Memorial Church, Training & Treatment Innovations, Inc. and the Grosse Pointe News. Participants earn a three-year certification.

Suicide: The Silent Epidemic. What Do We Know? What Can We Do?

September 27, 6:30pm, in The War Memorial Ballroom, 32 Lake Shore Drive, Grosse Pointe Farms, **FREE**
Please join The Family Center and Kevin's Song as we present the documentary film "Death is NOT the Answer," directed by award-winning filmmaker Keith Famie and inspired by and executive produced by Kevin's Song, a charitable organization for suicide awareness and prevention started by Grosse Pointe residents, Gail and John Urso, who lost their son, Kevin, to suicide. The film delves deeply into the complex and often misunderstood world of depression and suicide. It unearths the roots of depression and explores the reasons for suicidal tendencies through personal stories, as well as through scientific reasoning. A panel of film members will discuss suicide awareness and answer questions from the audience following the film.

Presented in partnership with Kevin's Song, The Grosse Pointe News and The War Memorial as part of its This Americana Series.

Play Central

Wednesday and Thursday mornings, 9am - 11am, October 4 through May 31.
Visit familycenterweb.org for location. **\$5 per family visit**

A place for parents, grandparents and caregivers to play with their children while socializing with other families in an indoor play setting. Play Central follows the Grosse Pointe Public School District calendar so holidays and snow days will be observed.
Get a **Free Visit** coupon at familycenterweb.org.

Meet & Greet for Professionals

October 10, 9:30-Noon, at The War Memorial, 32 Lake Shore Drive, Grosse Pointe Farms, **FREE**
Connect, exchange business cards and brochures with other community professionals working with youth, adults and families (educators, therapists, physicians, attorneys, dentists, clergy, etc.)
Presented by The Family Center in partnership with The War Memorial and the Grosse Pointe News.
Welcome Sponsor: H3 - Hope, Healing & Health, LLC.

Special offer for attendees: 50% off for new Grosse Pointe News advertisers from October 10 through November 9.

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Our mission is to serve our community through programs and resources vital to today's families.

The Family Center, 32 Lake Shore Drive, Grosse Pointe Farms, Michigan 48236

The Family Center is a 501(c)3 nonprofit organization that is 100% supported by community contributions. Its Ask the Experts programs and presentations address the entire spectrum of family life.

This flier has been approved for distribution within the Grosse Pointe Public School District and Harper Woods School District.



The
Family
Center
Resources for Families, Individuals and Professionals

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familycenterweb.org

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More

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Sean Cleland



Dorothy Heitjan



Beth Walsh-Sahutske
Milissa Pierce



Lori Warner

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Aging Parents? Strategies to Remain Conflict-free

October 19, 7pm, at SOC (Services for Older Citizens), 158 Ridge Road, Grosse Pointe Farms, **FREE**

Families with aging parents face a multitude of issues and concerns. Learn how to resolve conflicts and work together within your family to put primary focus on the elderly family member(s).

Presented in partnership with SOC (Services for Older Citizens) featuring attorney Sean Cleland, Cleland Collaborative Solutions and Marian Battersby, owner of Home Instead Senior Care - East Suburbs of Detroit, Grosse Pointe.

Help Your Child Get Ready for Kindergarten

November 9, 7pm, in the Brownell Middle School Library, 260 Chalfonte, Grosse Pointe Farms, **FREE**

Hear "How to Foster a Journey of Life-Long Learning." This special presentation will help to clarify what children need academically, socially & emotionally in order to be prepared for kindergarten.

Featuring Grosse Pointe Public School System presenters: Dorothy Heitjan, Early Childhood Program Teacher and Speech-Language Pathologist and Kristen DeVooght, Speech-Language Pathologist.

The College Preparation Process for Parents and Students

November 9, 6:30pm, at Brownell Middle School, 260 Chalfonte, Grosse Pointe Farms, **FREE**

Pick Two to Attend

Session A 6:30-7:10pm

Know How to Go for 9th & 10th grades (Room 1)

Introducing students and parents to the college exploration process including academic and non-academic components.

Using Online College Resources for 11th & 12th grades (Room 2)

Demonstrating a variety of college research resources appropriate for upperclassmen. Attendees are invited to bring their own device and interact with sites.

Session B 7:15-8pm

Know How to Go for 11th & 12th grades (Room 1)

Examining the elements of college application know-how and familiarity with financial aid.

Using Online College Resources for 9th & 10th grades (Room 2)

Demonstrating a variety of college research resources appropriate for freshmen and sophomores. Attendees are invited to bring their own device and interact with sites.

Featuring Grosse Pointe Public School System presenters Beth Walsh-Sahutske, MA, LPC, and Milissa Pierce, MA, LPC.

Digital Distractions: How to Find a Balanced Relationship with Technology

November 15, 7pm, in the Christ Church Grosse Pointe Miller Hall, 61 Grosse Pointe Blvd., Grosse Pointe Farms, **FREE**

Many of us feel distracted, disconnected and overwhelmed with technology and information overload. Join Dr. Lori Warner for a thought-provoking talk about mindful media use for you and your family, learning to improve physical and mental health through a balanced relationship with technology.

Featuring Lori Warner, PhD, Assistant Director of the Center for Human Development at Beaumont Children's Hospital.

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