

# THE INFORMED DEMOCRAT OF SWFL



## What You Can Do March 1, 2025

As the shock of last November wears off, Dems are asking what we can do to support democratic values and oppose those national, state and local elected officials who are betraying our communities. Here are a few ideas. Let's flood the zone!!!

- 1) Work to elect Democrats in Special Elections.** Right now, there are three vacant seats in the US House of Representatives—two in Florida and one in New York. Support the Democratic candidates—donate, or phone bank to help them. Contact Gay Valimont, FL District 1, <https://www.mobilize.us/gayforcongress/> and Josh Weil, FL District 6, <https://www.mobilize.us/joshweilforcongressionaldistrict6/>  
The special election for NY's 21<sup>st</sup> district has not yet been set. Watch this space!
- 2) Contact your lawmakers in Washington.** Call the Congressional switchboard at (202) 224-3121. Or try [5calls.org](https://www.5calls.org)—this is a great resource Dems can use to get their message across. Just enter your zip code and pick the issue that matters most to you. The site provides an info sheet on the subject, a clickable phone number to your Representative, and a scripted message you can use. After making a call, report the result and then click to call one of your senators.
- 3) Contact your state lawmakers.**  
**State House of Representatives**  
**District 76** (*Parts of Charlotte and Lee Counties*) **Vanessa Oliver**, 4355 Pinnacle Street Suite C, Punta Gorda, FL 33980-2907; (850)717-5076; (941)613-0914;  
<mailto:vanessa.oliver@myfloridahouse.gov>.  
**District 77** (*Part of Lee County*) Tiffany Esposito, 16301 Innovation Lane, Suite 123, Fort Myers, FL 33913 (850)717-5077, (239)445-2350;  
<mailto:tiffany.esposito@myfloridahouse.gov>.  
**District 78** (*Part of Lee County*) Jenna Persons-Mulicka, 2120 Main Street, Suite 208, Fort Myers, FL 33901-301032399 (850)717-5078 (239)338-2328;  
<mailto:informeddemocrat@gmail.com>  
**District 79** (*Part of Lee County*) Mike Giallombardo 1039 Southeast 9th Place, Suite 310, Cape Coral, FL 33990-3131; 850-717-5079, (239) 772-1291;  
<mailto:Mike.Giallombardo@myfloridahouse.gov>.  
**District 80** (*Part of Collier, Lee Counties*) Adam Botana 9240 Bonita Beach Road Southeast Suite 2215, Bonita Springs, FL 34135; (850) 717-5080, (239) 949 6279;  
<mailto:Adam.Botana@myfloridahouse.gov>.  
The Tallahassee Address for all the above: 402 S Monroe St. Tallahassee, FL 32399  
**State Senate**  
Senate District 27, Ben Albritton, 150 North Central Avenue, Bartow, FL 33830; (863)534-0073; [albritton.ben.web@flsenate.gov](mailto:albritton.ben.web@flsenate.gov).

Senate District 33, Jonathan Martin, 2000 Main Street, Suite 401, Fort Myers, FL 33901; (239) 338-2570; <mailto:martin.jonathan.web@flsenate.gov>.

Senate District 28, The Honorable Kathleen Passidomo, 3299 Tamiami Trail East Suite 203, Naples, FL 34112; (239)417-6205; <mailto:passidomo.kathleen.web@flsenate.gov>.

**4) Support Citizen Initiatives to put amendments on the ballot in 2026**

Print, complete, and submit some or all of these petitions (each to a different address):

- Right to Clean and Healthy Water [Sign Petition | Florida Right To Clean Water](#)
- Provide Medicaid Coverage to Eligible Low-Income Adults [MEDICAID EXPANSION — People Power for Florida](#)
- Adult Personal Use of Marijuana [Home - Smart & Safe Florida](#)

**5) Attend County Commission and School Board meetings**—keep informed; keep them accountable to Democratic governance. (See above)

**6) Volunteer with the Lee County Democratic Party** [Volunteer | Democratic Party of Lee County, FL](#)

**7) Sign up for Vote By Mail**—and help your friends to sign up, too. **Everyone** was kicked off VBM at the end of 2024. **Everyone** must re-enroll. Do it online [here](#) or call (239) LEE-VOTE ([533-8683](tel:533-8683)). Do it now!!!

**8) Meet up with other Democrats at local clubs, marches, and demonstrations.** (*When? Where?* To find out more, check out the [calendar](#) on the Lee County Dems website. Some of the events are “developing” so mark your calendar and keep checking back for updates). If you go, send your pictures to [informeddemocrat@gmail.com](mailto:informeddemocrat@gmail.com). Be a local part of the national movement at [Fifty Fifty One](#). Join their national event on March 4!