

**TO ALL VOLUNTEERS PAST, PRESENT, AND FUTURE!**

**WILL YOU SPARE 2 HOURS ON ONE OR TWO SUNDAY MORNINGS? WE NEED VOLUNTEERS TO PICK UP FOOD AT TRADER JOE'S (HANOVER STORE) AND BRING TO HINGHAM FOOD PANTRY (NOT FAR FROM SHA'ARAY SHALOM.)**



## **Feeding the Community**

Trader Joe's generously donates everything from produce to baked goods to frozen meat. We pick it up twice a month, bring it to the Second Parish Church in Hingham, sort it and put it away.

Contact Adam Rudikoff  
[adam.rudikoff@gmail.com](mailto:adam.rudikoff@gmail.com)  
or call him at 617-290-3640.

A dozen families are already helping out. Please consider joining our team. It is easy (usually), fun (depends on you), and definitely worthwhile.