



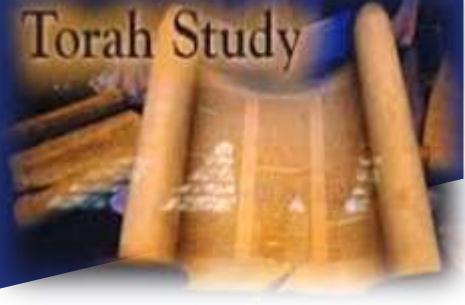
INTRODUCING  
CONGREGATION SHA'ARAY SHALOM'S

# Bible & Bagels

## Monthly Torah Study Shabbats

1112 Main Street, Hingham

[www.shaaray.org](http://www.shaaray.org) | 781-749-8103



Torah Study

**Dates: Jan 4 at 10:30 am\*, Feb 1\*\*, Feb 22, Apr 18, May 9, Jun 6 - all at 10am**

\*Note Time difference

**Start Shabbat morning with Prayer Aerobics from 10-10:30 am**

Ask a "how to" question or learn something about our history, practices, legends and lore. New topics revealed each month

**Followed by Bible and Bagels 10:30-11:30**

Join us for a deeper exploration of the Torah. No need to have previously studied Torah or be able to read Hebrew. Be inspired with discussion of the weekly Torah portion presented by the clergy or temple members in an informal environment. Bring your questions, opinions, perspectives and your appetite-discussed over bagels in the social hall.

**Conclusion with healing prayers and Kaddish 11:30**

**Feb 1 - sponsored by Religious Practices\*\***

**Prayer Aerobics with Yoga 10-10:30** - Join us for a seated meditative yoga session. No previous experience required. Appropriate for all age levels- no difficult moves involved. Wear comfortable clothing. Stretch your body and your mind in preparation for today's study session.

**Bible and Bagels 10:30-11:30, Conclusion with healing prayers and Kaddish 11:30**