

Youth Mental Health



First-Aid Training

Learn to recognize signs that may tell you if your friends or classmates are experiencing a mental health or addiction challenge or is in crisis and ways to help find the support they need.

GAIN 5 COMMUNITY HOURS &

OBTAIN A YMHFA TRAINING COMPLETION CERTIFICATE

**You MUST attend all three trainings in order to receive a certificate of completion.*

Monday, June 24 | Wednesday, June 26 | Friday, June 28

4:30pm - 6:00pm

128 E. Alisal Street, Salinas 93901

Confirm your participation by Tuesday, June 18 by texting us at 831-998-2000