

Seven Steps on the Path of Wholeness

This class begins on Tuesday October 18 and finishes on Tuesday November 29.

It is offered on Zoom.

We start at 6 pm **PT** and end at 7:30 **PT**.

Please register by email revvicki@unityvancouverisland.com so I can send you the link and any class information.

It is given by love offering donations@unityvancouverisland.com

During the seven weeks we will be doing a deep dive into each of the valuable spiritual gems on our journey of wholeness. These practices are embedded in Unity but not exclusive to Unity and are held by most faith traditions. They are: Affirmative Prayer & the Silence, Integrity, Forgiveness, Equanimity, Community, Gratitude & Joy, the Creative Process. (not in this order). I ask you to set the intention to attend every class and it is also OK if you are not able to attend every one. However, the first class is our time to establish the sacred space and foundation for the group, so it is mandatory. There is no book, I will be sending you reading material each week so you can be prepared for the discussion. If you have any questions, please email me at revvicki@unityvancouverisland.com