

Troublesome Behaviors:

Understanding, Identifying, & Managing Personality Disorders

The clients we think of as “difficult” or “problematic” or “puzzling” are most often people who fit a relatively new category of diagnosis called “Personality Disorder.” Significantly distinct from “psychiatric disorders,” the major feature of Personality Disordered individuals is that they behave inappropriately and cause conflicts, upsets, and distress in those around them. Fortunately, over 50 years of intensive research has discovered the inner workings of Personality Disorders, and effective methods have been developed for both treating and managing people who show the condition. This session will present a practical, bottom-line summary of the condition “Personality Disorder and a guide to the methods of managing them that have been shown to be effective.

Presented by Dr. Gregory W. Lester



Dr. Gregory W. Lester is a clinical psychologist licenses in Texas and Colorado. He has been practicing for over 38 years and also travels frequently to present on his specialty of Personality Disorders (PD). Dr. Lester has personally treated over 1,000 patients, performed over 2,500 psychological evaluations, and has trained more human services professionals on PD than any other individual. Dr. Lester's office served as one of the original research sites for the DSM-5 revision of the PD section. He is the author of nine books, including best-selling clinical manuals on the diagnosis and treatment of PD, and his research and articles have appeared in many professional and popular publications. Dr. Lester's practical clinical principles combined with his engaging presenting style make him a highly sought-after speaker and trainer.

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[Bernie Grimme](#)

- ◆ No Cost
- ◆ Submit accommodation requests with registration by August 26
- ◆ 3 CRC Credits Available
- ◆ Certificates of Attendance available for other CEUs

This presentation was originally planned as the pre-conference session for the 2020 Fall Conference. Registration for the conference will be available soon!