

Orange County News & Events

nami Family-to-Family

National Alliance on Mental Illness

Taught by trained volunteers, NAMI Orange County provides an intensive twelve-week program for families to teach them the knowledge and required skills to cope with their loved ones affected by mental illness, facilitate the treatment process, and contribute to the return to health. This program is free for families who have relatives with serious mental illnesses. This program is also taught in Spanish. [More About Family to Family](#)

Upcoming Class Mon. July 10-Christ Cathedral in Garden Grove

For any other questions regarding this program, or to find more classes please call the NAMI's Adult Family Services Coordinator, Nan Ibarra at (714) 836-4138 or email nibarra@namic.org.



Orange County CA Walk

Date: Saturday, September 23rd, 2017

Location: Mile Square Regional Park

Walker Check-In/Registration: 8:00 am - 9:30 am

Resource Fair & Survivor Activities Start: 8:00 am

Opening Ceremony Begins: 9:30 am

Event Ends: 12:00 pm

For more information, please contact:

Walk Chair: Jeanette Zollinger

Phone: 562-547-1877

Email: bjzollinger@gmail.com

[More Info & Registration](#)



SAVE THE DATE FOR NAMIWALKS 2017

October 7th

William R Mason Park

18712 University Drive

Irvine, CA

Time: Registration Starts at 8:30AM to 10:30 AM;

Walk Starts at 10:30 AM

Registration: Free, donations Welcomed

Distance: 5K

Contact adurham@namic.org

[Register Now](#)



In honor of Mental Health Awareness month, Didi Hirsch launched "Stigma," a nationwide campaign that is aimed at erasing the stigma of mental illness: [Erase The Stigma Video](#)

The campaign includes a series of short videos that feature a diverse cross-section of Didi Hirsch clients, staffers, Board members and celebrities talking candidly about their or a family member's experience with mental illness.

For more about [Didi Hirsch Mental Health Services](#)

