



Orange County Grief Support Group Resources



Saddleback Church Suicide Loss Grief Support Group

There will be a time of encouragement and hope for those struggling after the loss of their loved one to suicide. Those who lose a loved one to suicide often feel alone in their grief. Our support group offers a safe place for survivors to come together and talk openly with others who have shared a similar experience. No matter where you are in your personal journey, you'll find understanding, encouragement and support to give you hope and healing.

The Group meets on the 1st & 3rd Tuesday of each Month

From 7-9 PM In The Artist Green Room

Contact Rugena Duff at rugenad@saddleback.com 949-609-8232

<http://saddleback.com/care/supportgroup/Suicide-Loss-Grief-Support-Group>

Jeri Livingstone's Survivors of Suicide Support Group

Is a group of suicide survivors that meet the 1st and 3rd Sundays of every month from 1:30 to 3:30 at Shepherd's Grove Church. They meet in room 17. The meetings are open and it is a place to share your experience with people that will just listen, people that share your same experience.

Shepherd's Grove Church
12921 Lewis St,
Garden Grove, CA.

Contact: Jeri Livingstone (714) 539-1429 Email: survivorsofsuicide@yahoo.com
www.survivorsofsuicide.org

SOS - Survivors of Suicide Support Group

We are a group of suicide survivors that meet the 1st and 3rd Wednesday of every month at the Seal Beach Center for Spiritual Living. The meetings are open and it is a place to share your experience with people that will just listen. These are people that share your same experience. We are non-denominational and open to all survivors of suicide.

Seal Beach Center for Spiritual Living
500 Marina Drive
Seal Beach, California 90740

Contact: Chris Johnson 714 814 6779 or Margie Johnson 714 801 5989
www.sbcsl.org/sos



GriefShare - Grief Support Group for Survivors of Suicide Loss

Friends Church

5141 Lakeview Ave.

Yorba Linda, CA 92886

Meetings:

1st & 3rd Wednesdays of every month

7-9 PM Room 113

Contact: Annette Craig 714-524-1996 or annette@withhopefoundation.org



Grief Share is a network of thousands of grief recovery support groups meeting around the world. GriefShare is a program with direction and purpose. With GriefShare you will learn how to walk the journey of grief and be supported on the way. It is a place where hurting people find healing and hope.

To find a group near you go to www.griefshare.org



Orange County CA Survivor Support Groups Contact: Jacquelyn Rivera, LCSW PPSC 714-547-8562 or JRivera@didihirsch.org

Meetings are held at Main Office: 2021 E 4th St #204, Santa Ana, CA 92705 714-547-0885

Los Angeles County CA Survivor Support Groups Contact: Rick Mogil 310-895-2326 or rmogil@didihirsch.org

Support Group for Suicide Attempt Survivors Call 714-547-8562



"Grief has no Expiration Date."

Bereavement is the period of grief and mourning after a death. When you grieve, it's part of the normal process of reacting to a loss. You may experience grief as a mental, physical, social or emotional reaction. Mental reactions can include anger, guilt, anxiety, sadness and despair.

Pondo Vleisides, CEO COA, TLC Ministries, MA, MFT leads the Bereavement Group hosted by COA located at 1040 Calle Negocia, San Clemente. Group Meets Mondays 6:30 - 8:00 PM 949-388-0114

www.communityoutreachalliance.com

For a national directory of survivors support groups near you, go to our website www.lilgaryslegacy.org under resources.

P.O. Box 80852 Rancho Santa Margarita, CA 92688

Email: lilgaryslegacy@cox.net