



SuperConnect5

Taking a SuperConnect class will bring a deep understanding of the nature of your soul and its role within the Universe and will empower you to tap into your vast potential as an energy Being. You will learn how to work with your superconscious mind - often called Higher Self - and how to create better mental, emotional, physical and spiritual well-being for yourself and others.

Working on the physical body alone does not always bring the changes you desire. Sometimes there are deep-seated programmes that must be released before healing can take place, so a more comprehensive approach is required. SuperConnect will give you all the tools you need to get to the root of an issue and to facilitate healing.

All modules within SuperConnection are complimentary yet can be learned individually depending on your personal interests. Many existing therapists are interested in learning new ways of treating the physical body and with this in mind, **SuperConnect5** contains many hands-on energetic bodywork techniques that can be incorporated into your other healing practices, as well as utilising dowsing skills to release old patterns.

Over four days, **SC5** will offer a powerful approach to health and well-being and will teach you how to work energetically with many different aspects of the physical body. It is an easy to learn system and a comprehensive handbook is provided, together with a set of full-colour charts on which to dowse.

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Date	21 st -24 th February 2019
Venue	Choose You Yoga Studio, Carmondean House, S. Livingston, EH54 8PT
Cost	£550



SuperConnection is an energy dowsing system developed by Linda Turner (UK) and Alice Foehn (Hong Kong).

Linda is an experienced dowser, teacher and facilitator. She is warm, approachable and “user-friendly” and will help guide, encourage and empower you throughout your journey with SuperConnection.