As Church Leaders who are told to “feed my sheep,” many feel unprepared to address mental health matters. Folks who suffer from these illnesses need to be invited into worship to feel they are not alone.  Sharon's mission is to bring awareness about mental illness into the church and to provide church leaders with the resources and support they need to be successful in reaching this part of the church body.

Sharon can help by offering guest preaching on these difficult topics, leading adult education classes and much more.  Note that she is also the author of *Psalms for People Like Us: Twice Daily Devotions For Those with Mental Health Challenges*.  Her book may be found here on Amazon: [https://www.amazon.com/Psalms-People-Like-Devotions-Challenges-ebook/dp/B0853DQPRF/ref=sr\_1\_3?dchild=1&keywords=Sharon+LeClaire&qid=1633048552&sr=8-3](https://www.amazon.com/Psalms-People-Like-Devotions-Challenges-ebook/dp/B0853DQPRF/ref%3Dsr_1_3?dchild=1&keywords=Sharon+LeClaire&qid=1633048552&sr=8-3)

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