



Chronic Obstructive Pulmonary Disease

Support Resources

If you or a loved one have been diagnosed with COPD, the following resources are available with information and support you may need to help you manage your COPD.

COPD Information and Resources

Mount Sinai

Respiratory Institute: <https://www.mountsinai.org/locations/respiratory-institute/treatments/copd>

Health Library: <https://www.mountsinai.org/health-library/report/chronic-obstructive-pulmonary-disease>

Treatment Options: <https://www.mountsinai.org/care/pulmonology/services/copd-emphysema/treatment>

COPD Patient Education & Self-Management Resources:
<https://mshp.mountsinai.org/web/mshp/for-copd-patients>

American Lung Association

Patient Resources and Videos: <https://www.lung.org/lung-health-diseases/lung-disease-lookup/copd/patient-resources-and-videos>

American Thoracic Society

Managing Your Chronic Lung Disease During the COVID-19 Pandemic:
<https://www.thoracic.org/patients/patient-resources/resources/managing-chronic-lung-disease-during-covid-19.pdf>

COPD Medications

American Thoracic Society

Using Your Metered Dose Inhaler (MDI): <https://www.thoracic.org/patients/patient-resources/resources/metered-dose-inhaler-mdi.pdf>

Labs and Testing in COPD

American Lung Association

Spirometry: <https://www.lung.org/lung-health-diseases/lung-procedures-and-tests/spirometry>