

Urgent Care vs. Emergency Care

Know where to go

When should you use Urgent Care?

Urgent Care centers provide immediate access to quality health care for an illness or injury that does **not appear to be life-threatening, but cannot wait until the next day.**

Examples include:

- Accidents and falls
- Bleeding/cuts — not bleeding a lot but requiring stitches
- Breathing difficulties (e.g. mild to moderate asthma)
- Diagnostic services, including X-rays and laboratory tests
- Eye irritation and redness
- Fever or flu
- Minor broken bones and fractures (e.g. fingers, toes)
- Moderate back problems
- Severe sore throat or cough
- Skin rashes and infections
- Sprains and strains
- Urinary tract infections
- Vomiting, diarrhea or dehydration

When should you use the Emergency Department?

Life-threatening emergencies require a visit to the Emergency Department (commonly referred to as the Emergency Room, or ER, at hospitals).

Examples include:

- Compound fracture (bone protrudes through skin)
- Convulsions, seizures, or loss of consciousness
- Deep wounds
- Fever in newborn (less than 3 months old)
- Heavy, uncontrollable bleeding
- Moderate to severe burns
- Poisoning
- Pregnancy-related problems
- Serious head, neck, or back injury
- Severe abdominal pain
- Severe chest pain or difficulty breathing
- Sudden numbness, weakness, slurred speech, or confusion
- Suicidal or homicidal feelings

For a true medical emergency, dial 911 immediately.



Where can I find an Urgent Care Center?

Mount Sinai Health System is affiliated with urgent care centers across all five boroughs in New York City. This partnership means that if you need to see a specialist, these urgent care centers can connect you to Mount Sinai for care right away. This also means that you get access to board certified doctors, who generally have experience in the emergency room. Many of the staff at our urgent care centers can also speak other languages to suit your needs.

Most Medicaid and exchange insurance plans are accepted at our urgent care centers. Please be sure to check with your health insurance plan to make sure that the urgent care center is in your health plan's network.

Mount Sinai Urgent Care Centers

Mount Sinai Union Square

10 Union Square East, Suite 2Q
New York, NY 10003

212-844-6000

Weekdays: 8 am – 8 pm

Weekends: 9 am – 5 pm

Holidays: 9 am – 5 pm

Mount Sinai Doctors Urgent Care Upper West Side

638 Columbus Avenue
New York, NY 10024

212-828-3250

Weekdays: 8:30 am – 8:30 pm

Weekends: 9 am – 5 pm

Mount Sinai Doctors Urgent Care Inwood

5030 Broadway, New York, NY 10034

212-604-6550

Weekdays: 8:30 am – 8:30 pm

Weekends: 9 am – 5 pm

Mount Sinai Doctors Urgent Care Brooklyn Heights

300 Cadman Plaza West
Brooklyn, NY 11201

929-210-6300

Weekdays: 8 am – 8 pm

Weekends: 9 am – 5 pm

Holidays: 9 am – 3 pm

Cure Urgent Care

• Upper East Side (175 E 96th Street)
212-776-4292

• Upper West Side (2689 Broadway
between 102 & 103rd Streets)
212-776-4320

Hours vary by location; in general,
8 am – 8 pm on weekdays,
9 am – 8 pm on weekends

Urgent Care 181

521 West 181st Street
(at Audubon Avenue)

347-756-6000

Weekdays: 9 am – 12 am

Weekends: 9 am – 8 pm

For more information on Mount Sinai and Mount Sinai-affiliated Urgent Care Centers, visit www.mountsinai.org/urgentcare.

CityMD

Manhattan:

336 East 86th Street (East 86th)
New York, NY 10028
212-933-1364

1500 Lexington Avenue (East 96th)
New York, NY 10029
212-710-1065

2025 Broadway (West 69th)
New York, NY 10023
212-390-8812

2398 Broadway (West 88th)
New York, NY 10024
212-721-2111

2710 Broadway (West 104th)
New York, NY 10025
212-658-0676

80 West 125th Street
New York, NY 10027
212-913-0820

Brooklyn:

288 Flatbush Avenue
Brooklyn, NY 11217 (Prospect Heights)
718-656-1290

135 Montague Street
Brooklyn, NY 11201 (Brooklyn Heights)
646-346-7918

457 Atlantic Avenue
Brooklyn, NY 11217 (Boerum Hill)
718-530-1144

228-230 Court Street
Brooklyn, NY 11201 (Cobble Hill)
718-280-5362

Queens:

31-11 Steinway Street
Astoria, NY 11103
718-475-2345

73-02 Roosevelt Avenue
Jackson Heights, NY 11372
718-475-2351

74-25 Grand Avenue
Maspeth, NY 11373
718-803-2273

70-49 Austin Street
Forest Hills, NY 11375
718-280-1245

162-21 Jamaica Avenue
Jamaica, NY 11432
718-571-9116

Hours vary by location; in general, 8 am – 8 pm on weekdays, 9 am – 6 pm on weekends

For other CityMD locations, visit <https://www.citymd.com/>



**Mount
Sinai**