



5 DAY DEVOTIONAL

Spiritual Growth

OVERVIEW

This five-day devotional invites you to “sign up for growth” each day by surrendering to God’s leading and relying on His power. As you reflect, you’ll see spiritual maturity as both a process and a battle—against your own sinful nature and the devil’s schemes. Day by day, you’ll practice putting on Christ’s armor so you can stand firm and keep moving toward full maturity in Him.

SCAN THE QR CODE
TO VIEW THE SERMON



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01 **Isaiah 43:18-19**

02 **Philippians 3:12**

03 **Ephesians 6:10-11**

04 **John 8:31-32**

05 **1 Corinthians 11:23-26**

DAY 1

ISAIAH 43:18-19

God's invitation to growth often begins with a holy interruption: "Do not dwell on the past." Some of us stay stuck replaying regrets, losses, or old identities, and that fixation quietly shrinks our faith. The sermon reminded us that every day is an opportunity to become more like Jesus, but we can miss today's grace if we keep living in yesterday's story.

The Lord doesn't tell you to forget because your past doesn't matter; He tells you to forget because your past no longer gets to define what's possible with Him. "I am doing a new thing" means God is actively at work—forming Christ in you, reorienting your desires, and giving fresh courage for a new season. Growth begins when you agree with God's new chapter and choose to perceive what He's already starting.

A practical way to "sign up for growth" is to meet God in His Word daily and ask Him to re-story you. Even if you feel weary, unclear, or resistant, you can come honestly and say, "Lord, help me see the new thing You're doing in me and in my house." Today's obedience doesn't require you to feel strong; it requires you to be willing.

- What "former things" do you find yourself rehearsing that keep you from fully engaging with God today?
- Where do you sense God might be starting a "new thing" in your life, even if it feels small or unfinished?
- Set aside 10 minutes today to read Scripture slowly and ask, "Lord, what are You forming in me right now?"
- Name one area where you've been tempted to believe you cannot change; offer that belief to God in prayer.
- What is one concrete habit you can begin this week that supports daily growth (time in the Word, confession, prayer, community)?

DAY 2

PHILIPPIANS 3:12

Spiritual growth is not instant transformation; it's a daily pursuit empowered by Jesus. Paul's honesty helps us: he has not arrived, yet he presses on. The sermon emphasized that if you're not dead, you're not done—there is always more maturity, more freedom, more Christlikeness available as you surrender again and again.

Pressing on doesn't mean earning God's love; it means responding to it. Jesus has already "taken hold" of you, and your growth is a lived answer to His grace. When you wake up and choose, "Lord, lead me today," you're refusing passivity and choosing formation over drift.

This matters because there is no neutral ground in the battle for your heart. You are either growing more like Jesus or gradually sliding back into old patterns. But the good news is that the One who began a work in you is committed to completing it, and today's small steps of obedience are not wasted—they are the path of becoming.

- Where are you most tempted to think, "This is just how I am," instead of believing God is still growing you?
- What does "pressing on" look like for you today in one specific relationship, habit, or decision?
- Write a short prayer of surrender for your morning routine (one or two sentences) and use it tomorrow.
- Who in your life helps you pursue maturity, and how can you invite them to encourage you more directly?
- Identify one "small step" of obedience you can take today that aligns with who Christ is forming you to be.

DAY 3

EPHESIANS 6:10-11

Growth is not only a process; it is a battle. Scripture says to be strong in the Lord and in His mighty power, which means you do not face temptation, fear, or spiritual attack with willpower alone. The sermon highlighted two forces that resist your growth immediately: your sinful nature and the devil's schemes. God's armor is not about pretending life is easy; it's about standing firm when life is not. The enemy's strategy often includes lies, accusation, distraction, and compromise—anything that gets you to live like your old self rather than your new identity in Christ. When you "put on" the armor, you are choosing to live from truth, righteousness, peace, faith, salvation, and God's Word rather than from impulse and fear.

Today, treat spiritual strength as something you receive before it becomes something you express. Ask God for clarity to recognize the schemes aimed at you, and choose one deliberate act of resistance: speak truth aloud, confess quickly, forgive, or step away from a pattern that feeds darkness. Standing firm is growth.

- What "scheme" do you most commonly face (discouragement, distraction, temptation, accusation, isolation, anger), and how does it affect your growth?
- In what area do you tend to rely on your own strength instead of the Lord's power?
- Choose one piece of the armor to focus on today (truth, righteousness, peace, faith, salvation, Word, prayer) and describe what it looks like in your day.
- Is there a situation where you need to "stand your ground" rather than react impulsively? What would standing look like?
- Share one spiritual battle you're facing with a trusted believer this week and ask them to pray specifically.

DAY 4

JOHN 8:31-32

Jesus connects discipleship with freedom: if you hold to His teaching, you will know the truth, and the truth will set you free. The sermon emphasized “putting on the belt of truth,” not as an idea but as a daily decision to let Jesus’ words shape your mind, your choices, and your identity. Truth is not merely information; truth is a Person—Jesus Himself.

Holding to Jesus’ teaching is how you make room for God’s Word when competing voices are loud. Without truth, growth gets replaced by spiritual drift, because you start calling lies “normal” and compromise “fine.” The truth confronts what enslaves you, but it also comforts you with who God is and who you are becoming in Christ.

Today’s growth step is simple but demanding: choose one place where you have been agreeing with a lie, and replace it with God’s truth. This might include confessing sin, renouncing shame, or refusing to define yourself by your past. As you practice truth, you will discover that freedom is not a one-time moment—it is a life of abiding.

- What is one lie you are tempted to believe about God, yourself, or your future?
- What is one truth from Scripture that directly challenges that lie? Write it down in your own words.
- How can you “hold to” Jesus’ teaching today in a practical way (speech, integrity, purity, forgiveness, generosity)?
- Where do you need freedom right now—what pattern or thought keeps pulling you back?
- Memorize a short phrase from John 8:31-32 or another verse this week and repeat it when tempted.

DAY 5

1 CORINTHIANS 11:23-26

Communion centers your growth on Christ's finished work, not your spiritual performance. The sermon culminated in communion and commissioning to remind the church that transformation flows from Jesus' body given and blood shed—grace that forgives, restores, and empowers. When you return to the table, you return to the foundation: Jesus has done what you could not do for yourself.

At the table, you practice both humility and hope. You acknowledge sin honestly, but you refuse despair because forgiveness is real and secure in Christ. This is how growth becomes sustainable: not by trying harder to be impressive, but by staying close to the Savior who gives Himself to you again and again. Commissioning follows communion because nourished people become sent people. As God grows you, He also gives you a mission—at home, at work, in your church, and in your community. Today, let Jesus strengthen you to live for His glory and your good, and to carry His peace into the rooms you enter.

- Before God, what do you need to confess so you can receive His forgiveness and move forward in growth?
- How does remembering Jesus' sacrifice reshape the way you view your struggles and failures?
- Who might God be "sending" you toward this week with encouragement, service, or the gospel?
- What would it look like for your home to reflect "as for me and my house, we will serve the Lord" in one concrete way?
- Pray for one person being commissioned (a missionary, pastor, volunteer, or yourself) and ask God for strength, protection, and fruit.



THANK YOU

For Completing Our
5 Day Devotional

As you close these five days, remember that growth is not about becoming perfect—it is about becoming more like Jesus, one surrendered step at a time. God is still writing your story, still calling you forward, still strengthening you for the battles you face, and still shaping you through His truth and grace. Keep pressing on, putting on the armor of God, returning to His Word, and anchoring your life in the finished work of Christ. May you leave this devotional encouraged to sign up for growth every day, trusting that the God who began a good work in you will faithfully carry it on to completion.

Thank you, Lord, for meeting us in every season, growing us through every struggle, and reminding us that we never walk this journey alone. **Amen.**