



**The University of Mary Hardin-Baylor Occupational Therapy Department in collaboration with the UMHB Arts Academy invites you to join us for a series of Memory Cafés!**

## **What is a Memory Café?**

**Memory Cafés are fun social gatherings where you and your loved ones can come relax, participate in arts-based activities, and enjoy snacks and socialization!**

**Who: Members of our community living with dementia and their care partners, friends, or family members**

### **When:**

**Friday, June 21<sup>st</sup> at 10:00 AM: Listening to and reminiscing about music**

**Friday, June 28<sup>th</sup> at 10:00 AM: Engaging in creative movement**

**Friday, July 5<sup>th</sup> at 10:00 AM: Creating a simple, meaningful craft**

**Where: Area Agency on Aging of Central Texas  
2180 N. Main Street  
Belton, TX 76513**



Please call the Area Agency on Aging at 254-770-2330 to register. Participation will be limited to the first 20 people for each date. Please contact Laura Novak at [lnovak@umhb.edu](mailto:lnovak@umhb.edu) for questions or information on the Memory Café.