



Join us at the

MOBILE MARKET

» Location:

MHSA - Middlesex Human Service Agency
50 Prospect Street (back parking lot)
Waltham, MA 02453

» Time:

1:00 - 2:00pm

2019 Dates

- **January 26**
- **February 23**
- **March 16**
- **April 20**
- **May 11**
- **June 15**
- **July 20**
- **August 17**
- **September 21**

How to Participate

There are no eligibility requirements to participate in the Mobile Market and food is available to all individuals and families in need.

What is the Mobile Market?

The Mobile Market is a farmers-market-style event that meets once per month and provides free, nutritious food to anyone in need. The Market serves fresh produce, dairy products, frozen soups and high-protein items, free of charge.

Who Runs the Mobile Market?

The Mobile Market is run by MHSA - Middlesex Human Service Agency, the Greater Boston Food Bank and Eastern States Insurance. The Market is staffed by volunteers from Waltham and surrounding communities.



For more information on the Mobile Market, please call 617-595-0469 or visit MHSA on-line at MHSAinc.org

MHSA also welcomes you to

The Bristol Lodge Food Pantry

Time

Every Wednesday
9:00am to 12:00pm

Location

Immanuel United Methodist Church
545 Moody St.
Waltham, MA 02453

- » **Nutritious fresh and nonperishable foods available**
- » **Open every Wednesday from 9:00am until 12:00pm**
- » **All in need of food are welcome, free of charge**

MHSA operates a total of three nutritional programs: the Mobile Market, Bristol Lodge Food Pantry and Bristol Lodge Soup Kitchen.

For more information about how MHSA puts food on the table, please visit mhsainc.org/programs or call 781-883-2050.