

Research Volunteers Needed

The Department of Kinesiology seeks postmenopausal females (ages 45-75) for a research study about the impact of two beetroot supplements on nitrate and exercise performance.

Study Includes:



BLOOD DRAWS



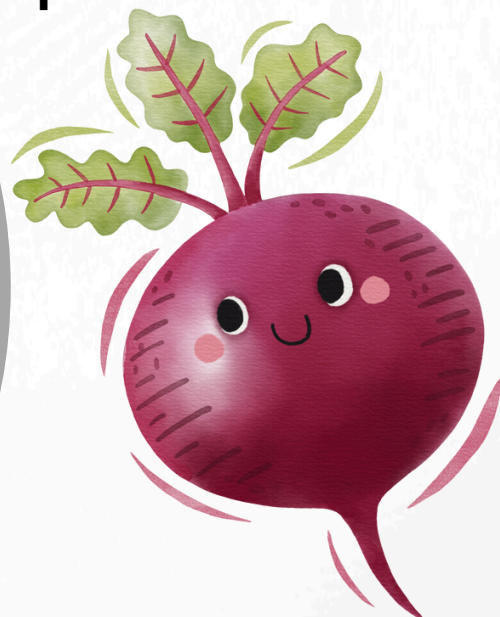
EXERCISE TESTS

TWO SUPPLEMENTATION PROTOCOLS

NITRIC OXIDE
CAPSULE



BEETROOT
JUICE



Are you eligible?

- 45-75 years old
- Postmenopausal female (no menstrual cycle within the previous 1 year)
- Able to complete a bicycle exercise test
- Do not exercise regularly (<3 days/week)

For more information, please contact:



(434) 243-8677



krc2ek@uvahealth.org

Location: UVA Department of
Student Health and Wellness

Principal Investigator: Dr. Arthur Weltman

IRB HSR #240060