

gtip.org

GESTALT THERAPY INTRODUCTORY WORKSHOP

Current research has confirmed what Gestalt Therapy practitioners have always known: intellectual insights are not enough to create radical and permanent changes. Gestalt Therapy preferences embodied experience and awareness. Its emphasis goes beyond insight and leads to lasting, integrated healing and growth.

Being relational, embodied, experiential, and experimental, Gestalt Therapy is a deeply transformational approach to engaging personally and professionally with individuals, couples, families, groups and organizations.

Practitioners learn to attend to the emerging here-and-now relationship, paying as much attention to non-verbal communication as verbal communication, as much attention to how something is said as to what is said.

Gestalt Therapy theory emphasizes our interdependence and interconnectedness; in doing so we recognize that we are all subject to and participate in creating the social, political, economic, and racial forces in our world. Thus, our therapeutic inquiry includes but also extends beyond the realm of interpersonal relationships and we pay explicit attention to our social locations (an individual's identity based on social class, race, family, gender, etc.). Embodied awareness and present-moment experience are also central to our theory and practice. Attending to all these components together promotes lively, intimate, and vivid dialogue that allows us to meet through difference as well as similarity.



CATHY GRAY



DOUG GRAIVER



GINNY MCINTOSH

This introductory workshop will allow participants to gain a taste of Gestalt Therapy theory and an opportunity to experience the theoretical concepts in action. There will be mini-lectures, demonstrations, and experiential exercises.

Come join us as we create connection, experience ourselves more deeply and learn about this still radical approach to connection and healing. Obtain a taste of what occurs in our Three-Year Training Program. The next class begins in September 2024.

THE WORKSHOP WILL PROVIDE PARTICIPANTS THE OPPORTUNITY TO:

- LEARN HOW YOUR HISTORY, CULTURE AND SOCIAL LOCATION (INCLUDING EXPERIENCES OF OPPRESSION AND PRIVILEGE) ARE EMBODIED
- OBSERVE GESTALT THERAPY THEORY AS GTIP FACULTY EMPLOY IT IN LIVE THERAPEUTIC SESSIONS
- LEARN HOW TO INTEGRATE AFFECTIVE, SENSORY, COGNITIVE, INTERPERSONAL, AND BEHAVIORAL AWARENESS INTO POWERFUL AND EFFECTIVE CONTACT-FULL INTERACTIONS
- UNDERSTAND GESTALT THERAPY INTERVENTIONS THAT ENABLE CHANGE TO HAPPEN
- VIEW DIFFERENT STYLES USED BY GESTALT THERAPY PRACTITIONERS AND LEARN HOW TO ADAPT THOSE STYLES TO YOUR OWN PERSONAL RELATIONSHIPS AND PROFESSIONAL WORK

PROGRAM LEADERS

Doug Graiver, LCSW (he/his/him) is an NASW approved Clinical Supervisor with over 30 years experience providing mental health and substance abuse treatment in inpatient, outpatient, and school settings. He has advanced training in Family Therapy, Addictions Treatment, and Gestalt Therapy. Read more...

Cathy Gray, LCSW (she/her/hers) is a psychotherapist in private practice in Narberth, Pennsylvania. She has 40 plus years working with organizations and individuals, first as an organizational development consultant and later as a psychotherapist. In addition to her studies in Gestalt Therapy, she also studied improvisational movement, Focusing, EMDR, Mind-Body Centering and Developmental Somatic Psychology. Read more...

Ginny McIntosh, LCSW (she/her) did her graduate studies at the Penn functional School of Social Work and was trained in the "here and now," "growth through pain," human justice and acceptance of the individual as they are within their context. During my career in child protective services and two psychiatric hospitals, where I learned family systemic therapy, psychodrama, object relations and self-psychology, imagine my surprise to discover GTIP and how closely Gestalt Therapy Theory fit my graduate training — now I'm back at home to stay within the Gestalt Therapy Theory, philosophy and community since 1988. Read more...

CEUS:	**6**
HOURS:	**9:00 am - 4:00 pm**
DATE:	**Saturday, February 10, 2024**
TUITION:	**$135, early registration; $155 after January 10**
LOCATION:	**VIA Zoom**
REGISTRATION:	**Deadline: Sunday, February 4, 2024**

REGISTER ONLINE

GTIP is committed to offering workshops to anyone who wants to attend, regardless of financial constraints. Therefore, we have sliding scale slots available to make this workshop more accessible. Beginning January 8, tuition is $155. Those who can afford to pay this rate ensure that we are able to continue to offer more sliding scale seats at this and future workshops. If you are able to pay more, you support someone directly who might not otherwise be able to attend. Sliding scale seats available through online registration only.

$135 (early bird): 25+ seats available
$155 (full price): 25+ seats available
$200 (sponsorship price): supporting other participants
$125 (sliding scale): 3 seats available
$100 (sliding scale): 3 seats available
$75 (sliding scale): 3 seats available

CEUS:

This session is co-sponsored by Bryn Mawr College Graduate School of Social Work and Social Research for a maximum of 6 credit hours. Bryn Mawr College GSSWSR, as a CSWE accredited School of Social Work, is a pre-approved provider of continuing education for Social Workers in PA and many other states.

GTIP is approved by the Pennsylvania State Board of Psychology to offer 6 hours of continuing education for psychologists. GTIP maintains responsibility for the program. The Pennsylvania State Board of Psychology requires Psychology workshop participants to furnish their license number to receive a certificate of attendance.

MAIL IN REGISTRATION INFORMATION ON NEXT PAGE

MAIL IN REGISTRATION

Fill out & mail this REGISTRATION FORM with a check made payable to:
Gestalt Training Institute of Philadelphia | P. O. Box 961 | Bryn Mawr, PA 19010-0961

Name: _____ Cell Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ License #: _____

To receive CEU certification, circle one: LSW LCSW PSY LMFT LPC GENERIC
Completed evaluation prior to departure is required to receive CEU credits.
Check fee enclosed:
_____ $ 135 early registration
_____ $ 155 after January 10