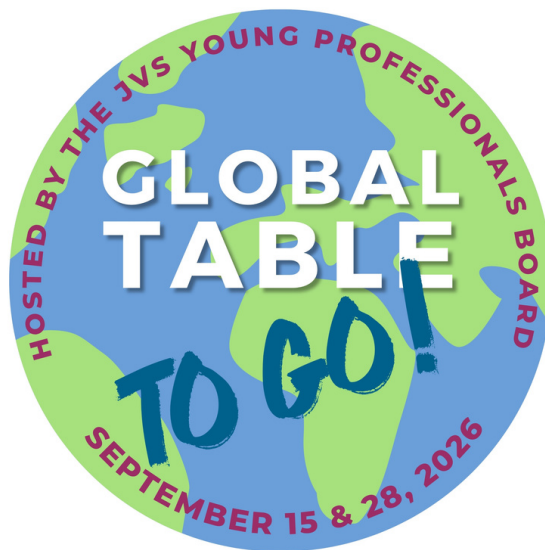




Tuesday, September 15

Meal Option 1: Beef Suya

Slow-grilled beef with herbs and spices, served with rice.

Accompanied by chicken samosas.

Enjoy Puff Puff (fried sweet dough) for dessert.

Meal Option 2: Jollof Rice (V)

Rice cooked in a rich tomato stew base and aromatic spices with yucca. Accompanied by vegetable samosas.

Enjoy Puff Puff (fried sweet dough) for dessert.

Gluten-free substitutions upon request.



Monday, September 28

Meal Option 1: Seco de Carne (GF)

Beef stew with fresh cilantro leaves mixed with garlic, onions, cumin, and spicy ají amarillo pepper paste and accompanied by rice and beans.

Paired with Causa (mashed potato cake filled with chicken and aioli). Enjoy Arroz con leche (rice pudding) for dessert.

Meal Option 2: Arroz Aeropuerto (V, GF)

Fried rice with chickpeas, bean sprouts, green onions, red pepper, and sauce. Accompanied by Causa (mashed potato cake filled with chicken and aioli).

Enjoy Arroz con leche (rice pudding) for dessert.

Questions? Email development@jvskc.org or call 816.629.8889