Building Personal Networks

A Two-part Workshop for Families Who Care for Someone with a Disability or Special Health Care Need



Ohio Family to Family presents:

Building Personal Networks - Creating a Community for Your Loved One

This workshop will help you form a group of caring people as a circle of support on behalf of your child. Together, they help you and your child have social opportunities, assist with decision-making, and reduce isolation. The goal is that this group continues long term when you are no longer around.

Join Us!

To learn more about personal networks, the benefits of creating your own network, who to invite into your network, how to ask them to join, and preparing for your first network meeting.

Participants should plan to attend both workshop dates

Dates: Tuesday, March 21st <u>AND</u> Tuesday, April 4th, 2023 Time: 6:30 – 8:00 p.m. both nights Registration: <u>https://tinyurl.com/5n8pju6e</u> Location: Online, zoom link received upon registration Cost: Free

Questions? Please contact Marion Cosgrove Rauch at <u>marion.cosgroverauch@cchmc.org</u> or (513) 803-5557

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