

# *PK - 12 Parent Workshop*

## Childhood Anxiety & Depression

*presented by*

*Dr. Kelly Graling, Clinical Psychologist*

*Cognitive and Behavioral Consultants of Westchester and Manhattan*

What are symptoms of anxiety and depression?

How do anxiety and depression affect learning and school participation?

What are the best ways to work with school staff if there are concerns related to anxiety and depression?

What can I do at home to support my anxious and/or depressed child's success at school?

*Tuesday, May 8, 2018*

*6:00 - 7:30 p.m.*

*Fairfield Warde High School Auditorium*

*785 Unquowa Road, Fairfield, CT*

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*Nonpublic Health & Welfare*