

Notre Dame High School – 26 Acts of Kindness Calendar



~ November 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Say “Good Morning” <i>To everyone you pass this morning.</i>	5 Hold the Door Open For Someone Today	6 Thank Your Parents/Guardian Grandparents Day <i>for all that they do for you</i>	7 Collection Donate Blankets and Sleeping Bags for the homeless	8 ND Community Service Day 	9 
10	11 Thank a Soldier <i>Write a thank you letter to a US soldier. ND will mail these letters.</i> 	12 Collection Donate Diapers for a local shelter 	13 World Kindness Day ... Wear Blue Today	14 Thank the ND Support Staff <i>Thank a secretary, cafe worker, coach, custodian</i>	15 Collection Donate a can of cat or dog food for CT Humane Society 	16
17	18 Share a Compliment with Someone Today	19 Collection Donate new socks for the homeless 	20 Thank a First Responder <i>Write a thank you note to a first responder (police, fire, EMT). ND will mail them.</i>	21 Put a Smile On Someone's Face Today: Make Them Laugh 	22 Collection Donate a toiletry item for a local homeless shelter 	23
24	25 “Please and Thank You” Day	26 Embrace Your Mistakes Day <i>Learn from your mistakes and move forward.</i>	27 Thanksgiving Break Begins	28 Thanksgiving	29 Thanksgiving Break	30



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◀ December		~ December 2019 ~							February ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat				
1	2	3 Collection Donate a gently used book for a local teen center/library	4 "Be Kind to Yourself" Day (exercise, eat healthy, reduce stress). Being kind to others starts with yourself.	5 Be Kind to the Environment	6 Collection Donate Used Coats/Sweatshirts for the homeless	7				
8	9 No School	10 Collection Donate a canned food for a local shelter	11 Thank a Teacher Write a letter to a teacher who has made a difference in your life (ND will mail any letters to a former teacher for you.)	12 Read a Book Day Be good to your brain! It needs exercise too.	13 Be Positive Day! No complaints today!	14				
15	16 Today we remember those lives lost on December 14, 2012	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30	31								