






Notre Dame High School – 26 Acts of Kindness Calendar



~ November 2019 ~						
◀ November						January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Say “Good Morning” <i>To everyone you pass this morning.</i>	5 Hold the Door Open For Someone Today	6 Thank Your Parents/Guardian Grandparents Day <i>for all that they do for you</i>	7 <u>Collection</u> Donate Blankets and Sleeping Bags <i>for the homeless</i>	8 ND Community Service Day 	9 
10	11 Thank a Soldier <i>Write a thank you letter to a US soldier. ND will mail these letters.</i> 	12 <u>Collection</u> Donate Diapers <i>for a local shelter</i> 	13 <i>World Kindness Day ...</i> Wear Blue Today	14 Thank the ND Support Staff <i>Thank a secretary, cafe worker, coach, custodian</i>	15 <u>Collection</u> Donate a can of cat or dog food <i>for CT Humane Society</i> 	16
17	18 Share a Compliment with Someone Today	19 <u>Collection</u> Donate new socks <i>for the homeless</i> 	20 Thank a First Responder <i>Write a thank you note to a first responder (police, fire, EMT). ND will mail them.</i>	21 Put a Smile On Someone’s Face Today: Make Them Laugh 	22 <u>Collection</u> Donate a toiletry item for a local homeless shelter 	23
24	25 “Please and Thank You” Day	26 Embrace Your Mistakes Day <i>Learn from your mistakes and move forward.</i>	27 Thanksgiving Break Begins	28 Thanksgiving	29 Thanksgiving Break	30

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~ December 2019 ~						
◀ December						February ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2Tutor/Study with a Classmate Day <i>Share the gift of education and help someone prepare for a test</i>	3Collection Donate a gently used book <i>for a local teen center/library</i>	4“Be Kind to Yourself” Day <i>(exercise, eat healthy, reduce stress). Being kind to others starts with yourself.</i>	5Be Kind to the Environment <i>(recycle, use less paper, think before hitting print, purchase a reusable water bottle, etc.)</i>	6Collection Donate Used Coats/Sweatshirts <i>for the homeless</i>	7 
8	9No School	10Collection Donate a canned food for a local shelter 	11Thank a Teacher <i>Write a letter to a teacher who has made a difference in your life (ND will mail any letters to a former teacher for you.)</i>	12Read a Book Day <i>Be good to your brain! It needs exercise too.</i>	13Be Positive Day! <i>No complaints today!</i>	14 
15The smallest act of kindness is worth more than the grandest intention.	16Today we remember those lives lost on December 14, 2012 	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				