

WHAT YOU NEED TO KNOW ABOUT COMING TO THE PRAIRIE LODGE INDOOR POOL (dated July 2020)

IMPORTANT NOTICE: PLEASE READ!

By registering for this class/activity, you are agreeing to the following:

Per CDC Guidelines, do not have a fever, cough, sore throat, or are shortness of breath. You have not been suspected or diagnosed with a case of COVID-19. You have not been exposed to a person known to have Covid-19 and/or you have not traveled in the last two weeks to an area under restrictions for Covid-19. You agree that you are voluntarily participating in an activity and you assume all risk associated with participating in this activity, including the risks associated with contracting Covid-19. The Sun City Community Association of Huntley has only taken certain steps in implementing certain public guidelines and cannot guarantee a germ free environment.

CAPACITY

Capacity of the Prairie Lodge Indoor Pool is 12 people. Residents should space themselves at one of the following ends of the pool. Two people may be sharing a lane, starting from opposite ends of the pool. Please use lane etiquette and social distance when sharing a lane.

x		x
x		x
x		x
x		x
x		x
x		x

TIME SLOTS

Time slots are for 60 minutes as follows:

9:15-10:15am
10:45-11:45am
12:15-1:15pm
2:15-3:15pm
3:45-4:45pm

ARRIVING FOR YOUR RESERVATION

When arriving for your time slot, you must enter the building at either the Fountain View or PL CAM entrance. You must have your ID card (or ID card on the app). No card = No Admittance. By scanning your card at the entrance, you are attesting that you are symptom free of Covid-19.

Staff at the pool will take your temperature, which must register under 100.4 degrees.

Your reservation is for 60 minutes. **Please arrive at the Prairie Lodge Fitness Center no earlier than 5 minutes prior to your time slot and maintain a 6-ft social distance from other guests.** During this time slot, you will check in for the pool at the desk, agree at that time that you are symptom free, and will proceed to the pool through the family changing room. There will be a shoe tray by the door and we ask that you remove your shoes here. Illinois Health Department rules ask that you shower before entering the pool. While we do have one shower available, we are asking that you shower at home prior to swimming to satisfy the requirements of the Health Department. Please come dressed in your swimsuit as there will be no changing facilities available. You will proceed to one of the lanes designated at either end of the pool where you can lay your towel and any equipment you bring with you. There will be no deck chairs or pool equipment on deck and available for your use at this time. You may bring a chair with you if you wish. Pool staff will advise you when there is 10 minutes remaining of your reserved time, during which you must clear all the facilities. Please leave in your swimsuit, as changing facilities and showers are not available. You will exit through the women's or men's locker rooms. You must clear the locker rooms within your 60 minute reservation time. If you need additional time exiting the facilities, please take time to leave earlier so that housecleaning can begin on time.

Bathroom facilities will be available in either the women's or men's locker rooms during your swim time. As the Family Changing room will be closed during your swim time, please use the hallway to the locker rooms as you typically would, and return to the pool if you wish.

The hot tub and sauna are closed at this time.

There will be absolutely no spitting or blowing in the pool area. Individuals with urinary or bowel incontinence should avoid the pool at this time. Individuals with open wounds, cuts, skin abrasions should also avoid the water at this time.

If you have any questions, please revisit the Phase 4 Guidelines available on the website.

HOW TO RESERVE

See the separate handout on "How to Reserve a Time Slot for Fitness"

Reservations for the Indoor Pool open on Wednesday at 9am for the following week starting on Monday.

Please limit yourself to 2-3 reservations per week so others can enjoy the facility. We prefer you make your reservations online. We would like to help you do that, through the website, or through the app. Instructions for logging into the website or app are available on the website, or at the PL CAM desk.

If you need assistance, please call the Prairie Lodge Fitness Center at 847-515-7635. You may also make a pool reservation in person at the PL CAM Desk Monday-Friday 9am-5pm, or at the

PL Fitness Desk. When coming into the lodge, you must wear a face mask, and please wait for us to check groups into the pool.