

Healthy & Tasty Snack Time

“Drive Thru” or “Walk Thru” the PAVILION CIRCLE to RECEIVE YOUR TASTY SNACK BAG!

Supplies are limited to the first 200 residents



TUESDAY, September 1
Drive: 9am, Walk: 9:30am

Note: Different Day

What Is A Snack?

“Snack” means food and drink consumed between meal times. It does not mean small, light or replacement meals.

What Makes A Good Snack?

- ◆ Limited or no sugar added
- ◆ Limited or no salt added
- ◆ Limit saturated fat

Try A New Snack Recipe

- ◆ 47 Health Snacks from Love & Lemons [View](#)
- ◆ 21 Snacks from One Ingredient Chef [View](#)



Co-Sponsored By:



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