

THE MENTAL HEALTH WELLNESS & RECOVERY SUMMIT

Learn about ***“The 4 Pillars of Creating and Sustaining a Mentally Healthy Workplace Culture”*** and hear from local employers about the steps they have taken to reduce stigma around mental health and substance use disorder and create cultures of safety within their organizations.

FREE TO ATTEND
Thursday, October 28 (virtual)
8:30 to 11 a.m.

Register at dovernh.org/WellnessSummit

KEYNOTE SPEAKERS



Kim LaMontagne

International Speaker, Corporate Trainer, and Author

Kim LaMontagne is a speaker and state trainer with the National Alliance on Mental Illness and a member of the Dartmouth-Hitchcock Campaign to Combat Behavioral Health Stigma and Discrimination. She created a corporate leadership training called ***“The 4 Pillars of Creating and Sustaining a Mentally Healthy Workplace Culture.”*** Her mission is to share her lived experiences and teach leaders how to create a culture in the workplace that empowers individuals to speak openly about mental health.



John T. Broderick, Jr.

Senior Director of External Affairs, Dartmouth-Hitchcock Health

Prior to joining Dartmouth-Hitchcock Health, John Broderick was a member of the New Hampshire Supreme Court from 1995 to 2010, serving as chief justice from 2003 to 2010. During his time on the Court, the Broderick family experienced the devastating impacts of mental illness in a very public way. In 2016 he helped create a public awareness campaign around the steps people can take when they recognize that they or someone they care about is experiencing mental health challenges.

PANELISTS

Pete Hanson, *Director of Talent Development, Turbocam*

Amanda Grappone Osmer, *Director of Corporate Potential, Grappone Automotive Group*

Dana Lariviere, *Founder, President, and CEO, Chameleon Group*

Hosted by the
SEACOAST
—Chamber Alliance—

Presented by



Hampton Area Chamber of Commerce ■ Exeter Area Chamber of Commerce

■ The Chamber Collaborative of Greater Portsmouth

■ Greater Dover Chamber of Commerce ■ Greater Rochester Chamber of Commerce

■ The Falls Chamber of Commerce