



The Changing Children's Worlds Foundation (CCWF) Presents:

## "ICDP: The Best Start for Families - A Health Equity Approach"

### 2.5-Day Professional Development Facilitator Training: Workshop 1

Day 1: Jan 17th (8:30am-5pm)

Day 2: Jan 18th (8:45am-5:30pm)

Day 3: Jan 24th (1pm-5:30pm)

*Location: Kane County Sheriff's Office*

37W755 IL Rt 38, St. Charles, IL 60175

To **register**, please go to: [bit.ly/ccwfworkshop](http://bit.ly/ccwfworkshop)

### Registration Details

- New Facilitators:**  
\$425 + \$45\* (2.5 days)  
17 CE hours\*\*
- Advanced Professionals:**  
\$395 + \$45\* (2 days)  
13 CE hours\*\*

#### OPTIONAL CE/Professional Development Hours:

- NASW
- CPDUS
- Early Intervention
- Early Childhood Gateway to Opportunities

#### Continuing Education Prices:

\$45 = 17 CE hours  
\$39 = 13 CE hours

*\*Last session (01/24) is OPTIONAL for advanced professionals. New facilitators must attend 2.5 days.*



### Overview

CCWF trains service providers in "ICDP-USA: The Best Start for Families," based on the International Child/Parenting Development Program.

"ICDP: The Best Start" is an evidence-based program which strengthens psycho-social competencies of professionals (mental health providers, social workers, educators, early childhood professionals, and others in related fields) working with parents and caregivers in their practice, as well as in their facilitation of Best Start Parent Learning Groups. Professionals learn the curriculum and facilitation philosophy of this two-generational, trauma-informed program. The program strengthens their capacity to recognize each parent and child's strengths and to nurture positive relationships which are the foundation of health equity for the entire family.

Each facilitator learns to conduct ICDP sessions which span key parent/caregiver-child interactions on empathy; caregiver conceptions of their role and of the child; social/emotional literacy; learning/leading (cognitive development); and regulation (self-control/discipline) skills. Facilitators learn to support parents and caregivers in their institutions and communities, while facilitating and within their daily practice. Best Start Programs are currently held in schools, mental health/social service agencies, faith/community organizations, and jails/detention/transition centers. CCWF provides the program through its DCFS contract with 1-1 parent coaching. As parents gain confidence, they support their children's positive development and success in family, school, and community.

**Trainers:** Kimberly Svevo-Cianci, Ph.D (Executive Director), Kristin Gilbertson, MSW Education Manager, and Diane McFarlin, M.E.L

For further information or for group fees & scholarships, contact us!

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# The Changing Children's Worlds Foundation

## **Caregiver Objectives:**

- Increased self-insight, understanding and awareness on the part of the caregivers for the positive qualities of care that should and could exist between them and the child.
- A stronger sense of self-confidence in their roles as caregivers.
- Empathy-based communication with their children as they better understand their children's point of view, feelings and intentions.
- Improved skills in observing and understanding their children's reactions.
- Reduced Psychological Aggression.
- Reduced Physical Abuse.

## **Children Objectives:**

- Children's feelings towards caregivers become more positive than before.
- Children become emotionally more secure, open and confident.
- Children become more imaginative and creative and they start seeking explanations as well as asking questions, more than before.
- Children manage to control their behavior better, feel respect for others and are better able to cooperate with others.
- Children learn how to plan and reflect more before acting.
- Children begin to develop a wider vocabulary.

## **Continuum of Advanced Training (Optional)**

- Workshop 1 - Trained Facilitator (Basic-qualified for internal Parenting/Children Programs)
- Workshop 2 - Certified Facilitators (Intermediate)
- Workshop 3 - Certified Trainers (Advanced)
- Trainer Training



"Every Parent, Every Child - A Superhero!" aligns with the "Best Start" strengths-based, empowering, and trauma-informed approach CCWF uses in our work with parents and children.