

April 2023

PARENT/CAREGIVER WORKSHOPS



AUTISM AND MENTAL HEALTH SERVICES FOR CHILDREN AND YOUTH

April 4 – April 25 - Intro to ABA

AUTISM SERVICES

Tuesdays, April 4 - 25, 6:00PM – 8:00PM EST
ONLINE – FREE with OAP #

April 5 – Parenting Through Divorce/Separation

MENTAL HEALTH SERVICES

Wednesday, April 5, 12:00PM – 1:30PM EST
ONLINE – FREE

April 6 – May 25 COPE Napanee

MENTAL HEALTH SERVICES

Thursdays, April 6 - May 25, 10:00AM – 12:00PM EST
FREE @ 99 Advance Ave, Napanee

April 12 – Reading Between the Lines - What Is Not Being Said

AUTISM SERVICES

Wednesday, April 12, 10:00AM – 12:00PM PM EST
ONLINE – FREE with OAP #

April 13 – Coping with Challenging Behaviour

AUTISM SERVICES

Thursday, April 13, 6:00PM – 7:00PM PM EST
ONLINE – FREE with OAP #

April 17 – Transition Through the Day

AUTISM SERVICES

Monday, April 17, 6:00PM – 8:00PM PM EST
ONLINE – FREE with OAP #

April 18 – Growing Together in the Early Years: Making Connections

AUTISM SERVICES

Tuesday, April 18, 9:30AM – 12:30PM PM EST
ONLINE – FREE with OAP #

April 19 – What's Important to Know About ADHD

MENTAL HEALTH SERVICES

Wednesday, April 19, 1:00PM – 2:30PM EST
FREE @ 31 Hyperion Court, Kingston

April 20 & 27 – Parenting Your Anxious Children

MENTAL HEALTH SERVICES

Thursday, April 20 & 27, 5:00PM – 7:30PM EST
FREE @ 31 Hyperion Court, Kingston

April 22 – Emotional Regulation for Parenting Young Children

MENTAL HEALTH SERVICES

Saturday, April 22, 9:00AM – 11:00AM EST
FREE @ 31 Hyperion Court, Kingston

April 22 – Visuals to Help Support Emotional Regulation 0-6

MENTAL HEALTH SERVICES

Saturday, April 22, 1:00PM – 3:00PM EST
FREE @ 31 Hyperion Court, Kingston

April 25 – Virtual Teen Hangout

AUTISM SERVICES

Tuesday, April 25, 4:00PM – 5:00PM PM EST
ONLINE – FREE with OAP #

April 26 – Kick Back, Share and Chat: Autism Service Parent Group

AUTISM SERVICES

Wednesday, April 26, 6:30PM – 7:30PM PM EST
FREE with OAP # @ 31 Hyperion Court

April 27 – Emotional Regulation for Parenting Adolescents

MENTAL HEALTH SERVICES

Thursday, April 27, 12:00PM – 2:00PM EST
ONLINE – FREE

April 28 – Good Night, Sleep Tight

AUTISM SERVICES

Friday, April 28, 1:00PM – 3:00PM EST
ONLINE – FREE



Check out our online calendar
for more information

MaltbyCentre.ca

613.546.8535 or 1.844.855.8340