

Summer Family Volunteer Opportunity



*Are you looking for ways to have your children give back this summer?
If so, your family can volunteer to prepare snack bags for children
right here in your own community.*

What: Your family will purchase kid snacks (*see shopping list on opposite side*) and then bring them to the Food Pantry where you will pack a minimum of 50 snack bags (5 items per bag). Each bag will provide snacks for 1 child for 1 week.

During your visit your family will help weigh the food you bring, receive a tour of the Food Pantry and learn about how we help those in need and why it is so important to give back to the community.

Who: Children of all ages are welcome. We can accommodate up to 8 volunteers with a maximum of 3 children under the age of 16 per each adult.

When: Mondays, Wednesdays & Thursdays by appointment between 1:00pm – 6:00pm, Tuesdays by appointment between 9:00am - 2:00pm

You should allow for about 1 hour depending on how many volunteers are in your group.

Where: Beverly Bootstraps, 35 Park Street, Beverly

Why: During the summer when school is out and there is no access to the free and reduced breakfast and lunch programs, families often have a hard time keeping enough food in the house on budgets that were already strained. We help by providing bags full of healthy snacks to families with children at the Food Pantry.

Please contact Volunteer Coordinator, Leslie Colten at lcolten@beverlybootstraps.org or 978-927-1561 for more information or to schedule a time.



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You supply the snacks, we supply the bags!
Please choose 5 items from this list and
purchase 50 individual servings of each.

Shopping List:

Granola bars
Peanut butter crackers
Cheese crackers
Goldfish crackers
Pretzels
Annie's gummy fruit snacks
100%-real-fruit fruit leather
Trail/nut mix
Dried fruit (raisins, craisins, etc.)

***All items must be individually packaged and
in single serve packs**
(average cost to you for snacks to fill 50 bags is \$100)*