Dr. Lateef is a board certified family medicine physician
with a certification in culinary medicine.

Her approach to health is lifestyle-driven with a focus
on supporting the individual, family and community.

She is a huge advocate of the food as medicine approach, which reaffirms
the fact that access to nutritious food is critical to health and well-being.

Dr. Lateef is passionate about treating and preventing chronic medical
conditions, many of which are related to diet and physical inactivity.
These include high blood pressure, diabetes, obesity,
cardiovascular disease, depression and some cancers.

The Toledo Clinic | Family Medicine

Welcoming New Patients!

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