

# LUNCH & LEARN

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AN IN STORE EVENT AT OUR TOLEDO STORE

INCLUDES A FREE LUNCH

## The Appeal vs The Real Deal

*Ozempic and GLP-1 Drugs, are they healthy for you?*



Presented by  
**Dr. Corey, ND**

Ozempic, Wegovy, Trulicity and other GLP-1 drugs are hot right now for weight loss. People are losing weight, but does it come at a steep cost to long-term health?

In this FREE 1-hour class, Dr. Corey will teach you about glucagon-like peptide-1 (GLP-1) agonists and share vital information such as:

- Important information on these drugs, including insurance coverage
- Negative short-term and long-lasting side effects
- How to choose the appropriate supplements as an alternative to these drugs and how to implement them into your lifestyle for the most success
- Food causing metabolic issues to avoid and how to make long-lasting lifestyle changes to be our healthiest self



**Dr. Corey, ND** is a Traditional Naturopathic Doctor at Thrive On Life, in Brighton, MI. She specializes in nutrition, iridology, herbology, essential oils, homeopathy, and sound healing energy work. Dr. Corey is nationally board certified as a Naturopathic Doctor,

an Instructor at the Naturopathic Institute, and on the board for the Embassy of Life Mastery. She teaches with the Embassy on a wide range of topics from Light and Sound healing to Movement and Breathwork. Dr. Corey is also the In-House Naturopathic Expert for The Better Health Stores across Michigan. She is frequently seen on TV with Fox and ABC Detroit representing Better Health on a wide range of health subjects.

**TOLEDO • SATURDAY OCT 12 @ 3:30PM**  
3344 Secor Rd, Toledo, OH 43606

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spots are limited!



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