

# MENTAL HEALTH & WELLNESS EXPO

Please Join Us On  
Saturday, May 21, 2022  
10:00am – 2:00pm  
Freedom High School  
15201 Neabsco Mills Road  
Woodbridge, VA



**This Will be a Day Filled with Lots of Important Information:**  
Vendors, Resources, Student and Community Performances, Door  
Prizes, Games, Exercises, Food, and Fun for the entire family



## “Sponsors”



National Coalition of 100 Black Women, Inc., Prince William County Chapter, Inc.

Prince William County Public Schools

PWC Parks, Recreation & Tourism

Ms. Shelia D. Coleman, President

Mrs. Carolyn Custard, PWCS Liaison

Dr. Alice H. Howard, Executive Director

Mrs. Roxie B. Curtis, Co-Chairperson

Opening Remarks: Dr. LaTanya McDade, Superintendent of Schools

### *We Are the Mental Health & Wellness Expo Team*

Dr. Renee` Chinn, Ms. Kimberly Dade, Mrs. Teresa Polk, Ms. Sylvia Beach,  
Ms. Erica Bodin, Mrs. Joyce Stockton, Mrs. Irish Amos-Curry, Ms. Shelia Wilson,  
Ms. Susan Kelly-Bing, Ms. Careenna Bleach,  
Ms. Jane Prince, POC, PWCS Office of Student Services, and  
Ms. Veronica Laughman, POC Department of Parks, Recreation & Tourism

For additional Information Contact:

[dwithers1019@gmail.com](mailto:dwithers1019@gmail.com) or Phone Us at 703-583-1951/52/53 Dr. Howard