



Lima Taekwondo & Martial Arts Academy

SUN	MON	TUE	WED	THU	FRI	SAT
	BRAZILIAN JIU JITSU 10:30 am to 12:00 pm (All Levels)		BRAZILIAN JIU JITSU 10:30 am to 12:00 pm (All Levels)			BRAZILIAN JIU JITSU 9:00 am to 10:30 am (All Levels)
	TKD Juniors 3:30 pm to 4:15 pm (All Levels)	TKD Juniors 3:30 pm to 4:15 pm (All Levels)	TKD Juniors 3:30 pm to 4:15 pm (All Levels)	TKD Juniors 3:30 pm to 4:15 pm (All Levels)	TKD Juniors 3:30 pm to 4:15 pm (All Levels)	
	TKD Juniors 4:30 pm to 5:15 pm (All Levels)	TKD Little Ninjas 4:30 pm to 5:10 pm (All Levels)	TKD Juniors Sparring 4:30 pm to 5:15 pm (Orange belt & up)	TKD Little Ninjas 4:30 pm to 5:10 pm (All Levels)	TKD Little Ninjas 4:30 pm to 5:10 pm (All Levels)	
Reserved for Belt Tests & Special classes Dates will be posted	TKD Juniors 5:30 pm to 6:15 pm (All Levels)	TKD Juniors 5:30 pm to 6:15 pm (All Levels)	TKD Juniors 5:30 pm to 6:15 pm (All Levels)	TKD Juniors Sparring 5:30 pm to 6:15 pm (Orange belt & up)	TKD Juniors 5:30 pm to 6:15 pm (All Levels)	
	TKD Adults 5:30 pm to 6:15 pm (All Levels)		TKD Adults 5:30 pm to 6:15 pm (All Levels)	TKD Adults 5:30 pm to 6:15 pm (All Levels)		
	TKD Juniors Sparring 6:30 pm to 7:15 pm (Orange belt & up)		TKD Juniors 6:30 pm to 7:15 pm (All Levels)	TKD Juniors 6:30 pm to 7:15 pm (All Levels)	TKD Juniors 6:30 pm to 7:15 pm (All Levels)	
	TKD Adults Sparring 6:30 pm to 7:15 pm (Orange belt & up)	TKD Adults 6:30 pm to 7:15 pm (All Levels)	TKD Adults 6:30 pm to 7:15 pm (All Levels)	TKD Adults 6:30 pm to 7:15 pm (All Levels)	TKD Adults 6:30 pm to 7:15 pm (All Levels)	
	BRAZILIAN JIU JITSU 7:30 pm to 9:00 pm (All Levels)		BRAZILIAN JIU JITSU 7:30 pm to 9:00 pm (All Levels)	BRAZILIAN JIU JITSU (No Gi) 7:30 pm to 9:00 pm (All Levels)		
		ESKRIMA 7:30 pm to 9:00 pm (All Levels)		ESKRIMA 7:30 pm to 9:00 pm (All Levels)		

Little Ninjas Classes - 3 to 5 years

Juniors Classes - 6 to 12 years

Adults Classes - 12 years & up

(Harbor City Location)

1219 Lomita Blvd Ste 103 – Harbor City, CA 90710 - Phone: 310.530.0777

www.LimaTaekwondo.com

June 2020