



4705 Jackson Ave. SE  
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The following is a Special Letter to the Congregation from Pastor CJ Young. Please see the end of this document for the best ways you can love and support the Young Family at this time.

Adventure of Faith Family,

As many of you know, I am passionate about biblical community. I'm certain everyone is tired of hearing me talk about the early church depicted in the second chapter of Acts. While there is this beauty to the early church, there was also this difficult authenticity that they lived into as people entirely devoting their lives to Jesus. It is in trying to live into this type of authenticity that I send this message today.

On Friday, I went on a hike with some friends up in the Olympics. It was a rigorous hike, but nothing like I haven't done before. I was struggling on the way up and needed to take many breaks. I thought that maybe I was in worse shape than I thought, or the hike was more difficult, but when we got to the top, and I struggled with pain in my chest that wouldn't subside, it became clear that something more was up. We hiked down and drove to the hospital where the emergency team diagnosed me with having a heart attack, though I had none of the markers, no history of it in my family, or anything that would make me a likely candidate. I was transferred to St. Michael's medical center, where they cleared the blockage and did whatever repairs were necessary. After several days of observation and testing, I was released from the hospital to continue under outpatient care. The cardiac team will be continuing with tests and cardiac physical therapy to try to mitigate any future issues.

I hope everyone can hear this- I am okay. This is all scary, new, and honestly a little frustrating because there's no clear reason why it occurred, but I know that somehow this is part of God's plan, and I trust that He is working and He will be glorified even through this. When Jesus talked about following Him, He often spoke about the cost. The life of one following Jesus is not one that is free from suffering or difficulty. Still, joy can be found even in these difficult situations because our joy isn't situational; it's relational with our God who created us and who loves us so much that He gave His life for us. We get to do the same, we get to give our lives for him- not merely in death, but we get to give our lives to Him as we give up our earthly hopes and desires for this life and seek to submit to the life He has planned for us.

Our joy is also relational in that as Christ's people, we are blessed with the community of faith. So my family appreciates your prayers and support at this difficult time. Please pray for us to have patience as we try to figure this all out, peace with all of the new routines we are now developing, skill for the hands and minds of the cardiac team we are working with, healing for my body, and comfort for our family.

I love you and appreciate you all more than you will ever know. Thank you for your love, support, patience, and prayers.

Your brother in Christ,  
Pastor CJ Young



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Pastor CJ, Jennifer and the kids are looking forward to your calls and visits after CJ has had ample time to rest and recover. In the meantime, the Young Family would appreciate your love and support in the following ways:

If you would like to write a letter or card you can bring them to church on Sunday, drop them by the church during the week or mail them directly to the Youngs at 4611 Aiken Rd SE, Port Orchard WA 98366.

For meal and care coordination please contact Candice Brady at [candice@faithadventure.com](mailto:candice@faithadventure.com) or at (253) 677-2245.

For church-related business please contact Debbie Oehmcke at [debbie.o@faithadventure.com](mailto:debbie.o@faithadventure.com) or at (360)876-0061.

Pray! We don't say this lightly, we believe in the power of prayer and the way God invites us to participate in his work in the world through prayer. Together we pray for CJ and his family, for healing, rest, love and God's ever-present joy to surround them in the days ahead.