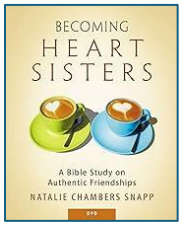


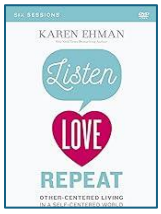
Resources on friendship

available to borrow from the **United Media Resource Center** http://www.igrc.org/umrc
Contact us by e-mail at umrc@igrc.org
or search for and request items using the online catalog

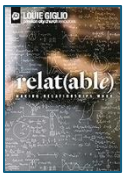
DVDs:



BECOMING HEART SISTERS: A BIBLE STUDY ON AUTHENTIC FRIENDSHIPS (102167) Author: Snapp, Natalie Chambers. In this six-session DVD study, Natalie Chambers Snapp guides us through the process of finding and nurturing healthy, authentic friendships that enrich our lives, honor God, and build up the body of Christ. Sessions: 1) Why do we need girlfriends and where do we find them? (16 min.); 2) Getting right with God (18 min.); 3) Clash of the Titans (21 min.); 4) The forgiveness business (18 min.); 5) Blurred lines (17 min.); 6) Heart sisters do's and don'ts (21 min.). Includes leader's guide and sample participant book. CLOSED CAPTIONED. 115 Minutes

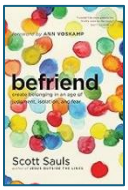


LISTEN, LOVE, REPEAT: OTHER-CENTERED LIVING IN A SELF-CENTERED WORLD (112111) Author: Ehman, Karen. In this six-session DVD study, Karen Ehman gives you both the encouragement and practical ways you can reach out to others with planned and random acts of kindness. Topics include loving your family and friends, encouraging coworkers, reaching out to the lonely, blessing the 'necessary people' who help you get life done every day but often go unnoticed, and many others who could use an act of thoughtfulness. An additional focus on modeling for your children a lifestyle that listens and loves is accompanied by doable ideas for you and your family. Sessions: 1) Finding your big 'Why' (22 min.); 2) Let love complete the circle (23 min.); 3) When you live a life of welcome (22 min.); 4) How to hug a porcupine and squeeze a skunk (26 min.); 5) Family matters (23 min.); 6) The boomerang of blessing (28 min.). Includes sample participant's guide. 144 Minutes.

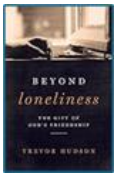


RELAT(ABLE): MAKING RELATIONSHIPS WORK (118067) Author: Giglio, Louie. We all desire meaningful relationships, but where do we start? In this six-session DVD study, Louie Giglio explores how we can build good relationships and see restoration in broken relationships. Sessions: 1) The shovel and the spoon (19 min.); 2) The man/woman in the mirror (23 min.); 3) A God to call Father (20 min.); 4) The friend everyone longs for (23 min.); 5) Becoming someone vs. finding someone (19 min.); 6) Handshake of peace (23 min.). 127 Pages.

Books:

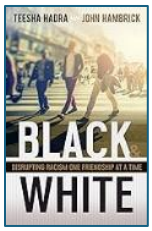


BEFRIEND: CREATE BELONGING IN AN AGE OF JUDGMENT, ISOLATION, AND FEAR (817082) Author: Sauls, Scott. In this book, Scott Sauls invites us to see the breadth of Christ's love. Chapters: A case for befriending; Befriend the one in the mirror; Befriend the 'other;' Befriend prodigals and Pharisees; Befriend the wrecked and the restless; Befriend the shamed and ashamed; Befriend the ones you can't control; Befriend true friends and significant others; Befriend sexual minorities; Befriend dysfunctional family members; Befriend the children; Befriend those grieving and dying; Befriend the poor and empty-handed; Befriend the other race; Befriend the rich and powerful; Befriend the bullies and perpetrators; Befriend vulnerable woman and humans not yet born; Befriend strangers and refugees; Befriend those who vote against you; Befriend people with disabilities and special needs; Befriend the God Who embraces you. Includes questions for reflection. 224 Pages.

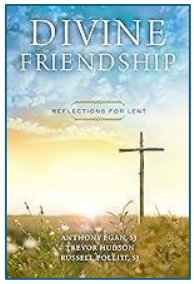


BEYOND LONELINESS: THE GIFT OF GOD'S FRIENDSHIP (816110) Author: Hudson, Trevor. Trevor Hudson explores how friendship with God can transform your life. Chapters: An invitation to transforming friendship; Living beyond loneliness; God's passionate longing for friendship; Getting to know our Friend; Understanding prayer as deepening friendship; Looking outward together; Exploring our Friend's address book (bread and wine, where two or three gather together, the least of these); discerning what our Friend wants us to do; Facing our fears with our Friend;

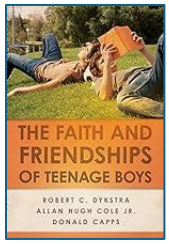
Asking our Friend the hardest question; Blessing others as our Friend has blessed us; A closing invitation. Larger than average print. *2021-2022 UMW Reading Program: Spiritual Growth 127 Pages.



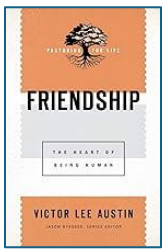
BLACK AND WHITE: DISRUPTING RACISM ONE FRIENDSHIP AT A TIME (819036) Author: Hadra, Teesha and Hambrick, John. Written by a young black woman and a white man in his sixties, this book discusses their experiences - what they learned through their friendship about racism, power, and honesty. They offer their story, surrounding it with others' stories, practical advice, and the exploration of the systemic racism. Includes discussion questions and a bibliography. 220 Pages.



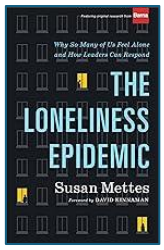
DIVINE FRIENDSHIP: REFLECTIONS FOR LENT (819183) Author: Egan, Anthony; Hudson, Trevor; Pollitt, Russell. Lent offers us the opportunity to deepen our friendship with God. The idea of being friends with God may intimidate some, but the authors of this book provide practical tips for developing a closer relationship with God. Set aside at least 15 to 20 minutes each day to spend with God, the introduction suggests. Read the daily scripture texts and reflections and pay attention to what they evoke in you. Then talk to God about your thoughts and feelings just as you would to your best friend. During Lent Jesus invites us to spend time with him and to renew our friendship with him. This encouraging book reminds us that we are beloved children of a God who deeply desires friendship with us. The meditations help us realize that through friendship with God, we will satisfy our hearts' yearnings. Up to 12 copies available. 125 Pages.



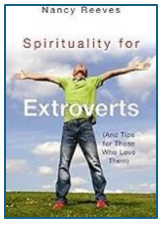
FAITH AND FRIENDSHIPS OF TEENAGE BOYS (817293) Author: Dykstra, Robert; Cole, Allan Hugh; Capps, Donald. This book focuses on later adolescent boys, ages 15 - 19. Chapters: Faithful friendships; Friendship as boyhood spirituality; Subversive friendships; Friendly fire; Close friendships. Includes index. 119 Pages.



FRIENDSHIP: THE HEART OF BEING HUMAN (821063) Author: Austin, Victor Lee. In this vibrant theological reflection on the meaning of friendship, an experienced pastor and leading Christian ethicist argues that friendship is the medium through which God shares grace with his creatures. Victor Lee Austin locates friendship as the heart of God's intention in creating human beings and explains that to reestablish friendship--with each other and with God--is the purpose of Jesus's incarnation. Mixing personal reflection and theological commentary, this book offers a fresh take on the meaning of friendship for the life of faith. Austin sets forth the classical view on friendship, which is attractive but limited, and shows how the gospel addresses the limitations of the classical view. He demonstrates how a robust theology of friendship addresses contemporary controversies in the areas of marriage, celibacy, and homosexuality, and he draws examples of the desire for true friendship from contemporary literature, such as the Harry Potter books, The Lord of the Rings, and Huckleberry Finn. Ultimately, Austin helps readers understand the strange yet real possibility of friendship with God. Chapters: An invitation to friendship; The limits of marriage; The confusions of friendship; Friendship as success at being human; Friendship and beauty; The weirdness of divine love; Biblical friendships; Christian friendship and Christian love; Unapologetic celibacy; Is there friendship in the Trinity?; Examples of friendship; All together now; Concrete practices – how to practice friendship; how to practice friendship with God. Includes Scripture and subject indexes. Part of the 'Pastoring for Life: Theological Wisdom for Ministering Well' series. 173 Pages.



LONELINESS EPIDEMIC: WHY SO MANY OF US FEEL ALONE AND HOW LEADERS CAN RESPOND (823026) Author: Mettes, Susan. Why are so many people experiencing deep loneliness and how can the church respond? That is the crux of this new book from behavioral scientist and researcher Susan Mettes, who delves into the profound toll of loneliness in the United States. She reveals that it is not the oldest Americans but the youngest adults who are loneliest. Social media can play a positive role in alleviating loneliness, helping to cultivate belonging and friendship. She offers meaningful ways the church can minister to lonely people, going far beyond simplistic solutions to addressing their inner lives and the God who understands them. *2024 UWF Reading Program: Nurturing for Community 206 Pages.



SPIRITUALITY FOR EXTROVERTS (AND TIPS FOR THOSE WHO LOVE THEM) (808086) Author: Reeves, Nancy. Part 1: Getting to Know Spiritual Extroverts. Part 2: Extrovert Spiritual Practices (praying and meditating, singing, cultivating spiritual friendships, moving prayer, practicing spirituality in groups, spiritual reading and writing, praying in nature). Part 3: Living More Deeply into Spiritual Extroversion. Includes discussion questions and ideas for using the book in groups. 156 Pages.