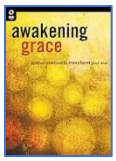
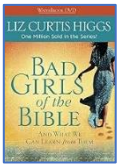


Ten-session DVD studies for adults

available to borrow from the **United Media Resource Center** http://www.igrc.org/umrc
Contact us by e-mail at umrc@igrc.org
or search for and request items using the online catalog



Awakening Grace: Spiritual Practices to Transform Your Soul (101088) Author: LeRoy, Matt and Summers, Jeremy. In this ten-session DVD study, come together with your community of disciples in a journey of spiritual transformation and see how God's grace forms your lives into Christ's image. It offers a simple and creatively engaging approach to the ancient practices that open hearts to God's transforming work. Sessions: A foundation (6 min.); 2) Scripture (7 min.); 3) Prayer (7 min.); 4) Worship (7 min.); 5) Mercy and justice (7 min.); 6) Sabbath (8 min.); 7) Creation care (6 min.); 8) Covenant friendship (7 min.); 9) Generosity (8 min.); 10) Creative expression (10 min.). Includes sample participant book. 73 Minutes.



Bad Girls of the Bible: 10 Session Study (102163) Author: Higgs, Liz Curtis. In this ten-session DVD study, Liz Curtis Higgs discusses ten Bible women and what we can learn from them: 1) Eve (12 min.); 2) Potiphar's wife (12 min.); 3) Lot's wife (10 min.); 4) The woman at the well (14 min.); 5) Delilah (11 min.); 6) Sapphira (10 min.); 7) Rahab (12 min.); 8) Jezebel (12 min.); 9) Michal (12 min.); 10) The sinful woman (13 min.). Includes paperback book which includes a study guide for the DVD. 118 Minutes.



Better: A Study of Hebrews (102182) Author: Wilkin, Jen. In this ten-session DVD study of the Book of Hebrews, Jen Wilkin explores how God "provided something better for us" in the person of Jesus Christ (Heb. 11:40). Through stories of Old Testament heroes and practices, the author of Hebrews demonstrates how the new covenant is superior to the old and how Jesus Christ is the fulfillment of every promise. Explore familiar verses in context of the entire Bible, learning how to place your hope and faith in Christ alone. Sessions: 1) Introduction (42 min.); 2) Better than angels (47 min.); 3) Better than Moses (39 min.); 4) Better high priest (44 min.); 5) Better promise (37 min.); 6) Better hope and covenant (32 min.); 7) Better tabernacle (32 min.); 8) Better sacrifice (32 min.); 9) Consider the faithful (45 min.); 10) Run the race (49 min.). Includes study book with personal study segments to complete between 10 weeks of group sessions and leader helps to guide questions and discussions within small groups. 399 Minutes.



Crazy Love: Overwhelmed by a Relentless God (103090) Author: Chan, Francis. God is calling you to a passionate love relationship with Himself. Featuring Francis Chan, this ten-session DVD study contains teaching segments that correspond to each chapter of the paperback book 'Crazy Love': 1) Stop praying (9 min.); 2) You might not finish this chapter (8 min.); 3) Crazy love (6 min.); 4) Profile of the lukewarm (8 min.); 5) Serving leftovers to a holy God (8 min.); 6) When you're in love (7 min.); 7) Your best life later (8 min.); 8) Profile of the obsessed (6 min.); 9) Who really lives that way? (7 min.); 10) The crux of the matter (5 min.). Kit includes DVD study guide, paperback book, and workbook ("Living Crazy Love"). CLOSED CAPTIONED. 60 Minutes.



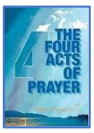
Creating Sabbath Space in Our Lives (103079) Author: Rolheiser, Ron. Filmed at a three-day event at King's House Retreat and Renewal Center in Belleville, IL, this DVD contains a ten-session program that can be used for adult faith formation, small group faith sharing groups, or for private spiritual renewal. Sessions: 1a (23 min.) & 1b (30 min.) -- Sabbath as the first retreat; 2a (30 min.) & 2b (23 min.) -- Obstacles to Sabbath; 3a (34 min.) & 3b (24 min.) -- Showing up for the wedding feast and taking the ointment; 4a (30 min.) & 4b (28 min.) -- Sabbath as solitude and reconciliation; 5a (27 min.) & 5b (30 min.) -- Sabbath: The rest in God. The accompanying CD-ROM includes printable leader and participant materials for each session. 279 Minutes.



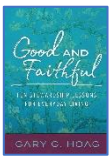
Epic: An Around-the-World Journey through Christian History (105097) Author: Challies, Tim. In this ten-session DVD study, Tim Challies discusses religious objects from around the world to explore the history of Christianity in a unique and creative way. Each of the objects offers us a tangible link between the present and the past, between the Christians of the twenty-first century and the Christians who lived and died in centuries past. Sessions: 1) Israel & Italy (25 min.); 2) England (25 min.); 3) Ireland & Scotland (25 min.); 4) France & Switzerland (22 min.); 5) Germany & Ecuador (21 min.); 6) Australia & New Zealand (23 min.); 7) Zambia & Zimbabwe (24 min.); 8) India (26 min.); 9) China, Philippines & South Korea (20 min.); 10) USA (26 min.). Includes paperback book with commentary and full-color photos of 33 objects. CLOSED CAPTIONED. 237 Minutes.



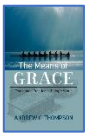
Epic of Eden: Isaiah (105096) Author: Richter, Sandra. Revised Edition. In this ten-session DVD study, Sandra Richter takes us on a journey into a deeper understanding of Isaiah. Sessions: Introduction (7 min.); 1) First things (30 min.); 2) The office of the prophet (34 min.); 3) The prophet as poet and rhetorician (31 min.); 4) The life and times of Isaiah the prophet, part 1 -- the divided monarchy (24 min.); 5) The life and times of Isaiah the prophet, part 2 -- the Assyrian Empire (29 min.); 6) Hezekiah and the 'poster child' of biblical archaeology (30 min.); 7) The message of the latter things (23 min.); 8) The Book of Isaiah and the Servant (26 min.); 9) The Book of Isaiah and the idol (22 min.); 10) The restoration (18 min.). The study consists of daily assignments (found in the study book) and weekly group discussions during which you will view the week's DVD segment. A study book for each participant will need to be purchased. Kit includes 3 DVDs and sample study book. Part of the 'OneBook' series. CLOSED CAPTIONED. 274 Minutes.



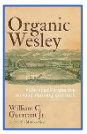
Four Acts of Prayer (106026) Author: Wangerin, Walter. In this ten-session study Walter Wangerin, Jr. explores the following aspects of prayer: We Speak, God Listens, God Speaks, We Listen. DVD segments are approximately 13 minutes long. Includes leader's guide. 132 Minutes.



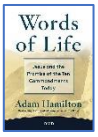
Good and Faithful: Ten Stewardship Lessons for Everyday Living (107104) Author: Hoag, Gary. In this ten-session DVD study, Gary Hoag helps us navigate the task of handling money faithfully. Sessions: 1) Stewardship in the Old Testament (7 min.); 2) The generosity of Jesus in the Gospels (8 min.); 3) The financial practices of the Early Church (8 min.); 4) Earning an income from work (7 min.); 5) Saving a portion of income (7 min.); 6) Storing up treasures in heaven (7 min.); 7) budgeting - put to work what God provides (7 min.); 8) Borrowing - avoid the dangers of debt (8 min.); 9) Seek Christian counsel on complex financial issues (9 min.); 10) Abundant living and fruitful service (16 min.). Includes guide. 84 Minutes



Means of Grace: Traditioned Practice in Today's World (113077) Author: Thompson, Andrew. In this ten-session DVD study, Andrew Thompson presents a clear and accessible explanation of the core tenets John Wesley instilled in the early Methodist movement. Each means of grace is drawn from biblical examples and paired with a framework to offer a practical model for a life marked by holy love and holy transformation. Sessions: 1) What does grace have to do with me? (11 min.); 2) Baptism (8 min.); 3) Searching the Scriptures (8 min.); 4) Prayer (11 min.); 5) The Lord's Supper (10 min.); 6) Fasting (8 min.); 7) Fellowship (6 min.); 8) Classes, bands, and arts of holy living (11 min.); 9) Works of mercy (7 min.); 10) Exercising the presence of God (9 min.). Includes book with discussion questions. 89 Minutes.



Organic Wesley: A Christian Perspective on Food, Farming, and Faith (115027) Author: Guerrant, William. In this ten-session DVD study, William Guerrant examines the intersection of the teachings of John Wesley with the ethics of the contemporary food movement. Wesley's teachings can provide us with guidance as we seek to make food choices that are consistent with our Christian values -- the choices that are best for our bodies, our fellow creatures, our communities, and the environment. Sessions: 1) The rise of industrial agriculture and the emergence of the food movement (12 min.); 2) John Wesley (7 min.); 3) Nutritious food (11 min.); 4) Eating in moderation (16 min.); 5) Farm animals (18 min.); 6) Organics, processed food, and chemical-based farming (20 min.); 7) Globalization and local economies (13 min.); 8) Wesley in conflict with the food movement (13 min.); 9) Recovering a Wesleyan food ethic (11 min.); 10) Living the ethic (20 min.). Includes book with discussion questions. 141 Minutes.



Words of Life: Jesus and the Promise of the Ten Commandments Today (123121) Author: Hamilton, Adam. In this ten-session DVD study, Adam Hamilton explores the Ten Commandments. Sessions: 1) No other gods before me (11 min.); 2) Do not make an image for yourself (11 min.); 3) Do not misuse God's name (10 min.); 4) Remember the Sabbath and keep it holy (11 min.); 5) Honor your parents (12 min.); 6) Do not kill (8 min.); 7) Do not commit adultery (12 min.); 8) Do not steal (13 min.); 9) Do not bear false witness (8 min.); 10) Do not covet (14 min.). Includes leader guide and hardback book. CLOSED CAPTIONED. 110 Minutes.