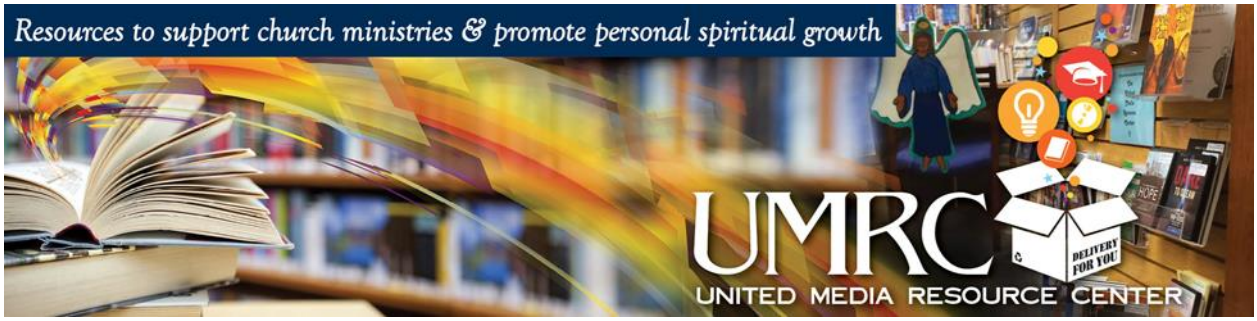


Parenting books

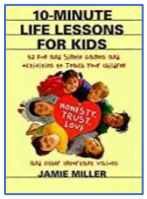
available to borrow from the **United Media Resource Center** http://www.igrc.org/umrc
Contact us at umrc@igrc.org
or search for and request items using the online catalog



<18> FAITH FOR THE NEXT GENERATION (819052) Author: Lenz, Bob; Melheim, Rich; Halula, Jenica. The symbol of '<18>' symbolizes the mission to transform the lives of youth with the hope of Jesus while they are under 18 years of age to set a spiritual path for their lives over 18. Chapters: Why <18>?; Cement; The heart of Jesus; The enemy is targeting youth; Who, me?; What is the Good News?; How can we respond to the Good News?; Good News wants to be shared; Overview of the <18> experiences; <18> minutes every night; Skype grandma; Commit to a small circle of friends; A dog's bladder infection, a kidney transplant, and a waitress; Surround them by a great cloud of witnesses; We do loud really well; Practice radical and real hospitality; Don't make promises you can't keep; Model it daily; The nearest exit may be behind you; Immerse yourself in a servant experience; Whey they push you away; People not programs; The wedding planner; When necessary use words; Value people over things; Ask a lot of questions; Be a prodigal parent. Includes bibliography. 251 Pages.



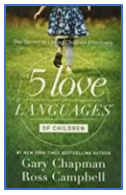
100 THINGS EVERY CHILD SHOULD KNOW BEFORE CONFIRMATION: A GUIDE FOR PARENTS AND YOUTH LEADERS (817072) Author: Kirkpatrick, Rebecca. Chapters: Growing a life of faith together; How to use this book; Bible basics; The stories of Genesis and Exodus; The Ten Commandments; The history of Israel; Cherished passages and characters of the Old Testament; The Gospels; Moments and miracles in the life of Jesus; Cherished stories of the New Testament; The sayings and parables of Jesus; The early Church; Worship, sacraments, and the life of the congregation; The body of Christ; World religions. Each chapter includes three parts: Planting the seed (primarily for parents), Feeding the soil (congregational setting), Watching them grow (questions for deeper discussion). Includes bibliography. 152 Pages.



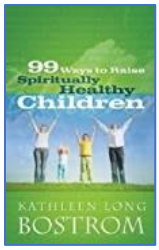
10-MINUTE LIFE LESSONS FOR KIDS (807179) Author: Miller, Jamie. 52 Fun and Simple Games and Activities to Teach Your Children. The activities in this book can be used as object lessons and discussion starters for parents and teachers. Segments: Priorities and the things we value; Potential and self-worth; Attitude; Honesty and integrity; Love and kindness; Developing habits; Goal setting; Unity and cooperation; Gratitude; Courage and adversity; Respect and manners; Trust and faith. Includes index by age group and index by life lesson. 228 Pages.



3 BIG QUESTIONS THAT CHANGE EVERY TEENAGER: MAKING THE MOST OF YOUR CONVERSATIONS AND CONNECTIONS (821123) Author: Powell, Kara and Griffin, Brad. Chapters: The big questions every teenager is asking; Learning to listen for answers; Jesus offers better answers; The big question of identity – who am I?; Enough – Jesus' better answer; The big question of belonging – where do I fit?; With – Jesus' better answer; The big question of purpose – what difference can I make?; Story – Jesus' better answer; Conversations and connections in tough times; Over 170 questions to ask a teenager. Includes discussion questions. 296 Pages.



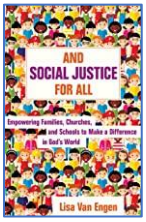
5 LOVE LANGUAGES OF CHILDREN (820062) Author: Chapman, Gary and Campbell, Ross. Chapters: Love is the foundation; Love language #1 – physical touch; Love language #2 – words of affirmation; Love language #3 – quality time; Love language #4 – gifts; Love language #5 – acts of service; How to discover your child's primary love language; Discipline and the love languages; Learning and the love languages; Anger and love; Speaking the love languages in single-parent families; Speaking the love languages in marriage. 223 Pages.



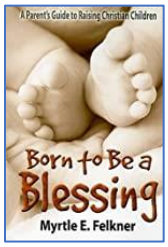
99 WAYS TO RAISE SPIRITUALLY HEALTHY CHILDREN (810184) Author: Bostrom, Kathleen Long. The author provides a variety of ideas: activities that families can do together, approaches to participating in church, thoughts on connecting kids to God, and encouragements for parents to care for their own self and soul. Each entry includes a Bible verse to serve as a foundation and ends with a question for reflection. Includes Scripture index. 205 Pages.



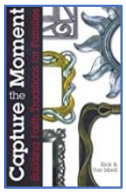
ADVENTURING TOGETHER: HOW TO CREATE CONNECTIONS AND MAKE LASTING MEMORIES WITH YOUR KIDS (820133) Author: Eskridge, Greta. A modern, practical, and inspiring guide for parents, grandparents, and caregivers to creating deep heart connections with kids by regularly creating new experiences and intentional adventures together. Chapters: The stuff lasting connections are made of; Adventures change us; Yes, you can adventure with your kids!; How to begin – start small; How to continue – be intentional; How to thrive – grow your adventures; Adjust your attitude; Try new things; Revisit favorites; Do hard things; Get outside; Indoor adventures; Adventuring with books; Call to action; How to create an adventure club; How to hike with kids; How to enjoy a museum trip with kids; How to start a book club. 189 Pages.



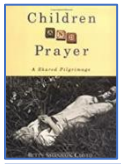
AND SOCIAL JUSTICE FOR ALL: EMPOWERING FAMILIES, CHURCHES, AND SCHOOLS TO MAKE A DIFFERENCE IN GOD'S WORLD (819015) Author: Van Engen, Lisa. In this resource for parents and teachers, Lisa Van Engen shares basic information on fourteen global issues and provides discussion questions, Bible studies, book and activity suggestions, and 'ways to make a difference' for each topic. Ideas are provided for the following age groups: ages 3-6, ages 7-11, and ages 12+. Chapters: Clean water and sanitation - cracked cisterns; Creation care - an open window; Disabilities - a place for everyone; Education - summoning the best of us; Fair trade - giving beyond our means; Families - those we love; Health care - to touch the hem of His robe; Human trafficking - modern-day abolitionists; Hunger - gleaning the edges; Immigrants and refugees - the gift we received; Peace - how we see others; Poverty - having been entrusted much; Race - mend our fractures; Changemakers - fierce light. Includes lists of books and films on these topics for adults. Also included is a simple framework for a community gathering. 332 Pages.



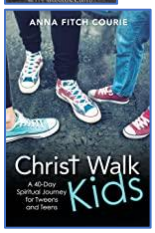
BORN TO BE A BLESSING: A PARENT'S GUIDE TO RAISING CHRISTIAN CHILDREN (811077) Author: Felkner, Myrtle E. Thirty-three short chapters (two - four pages) that begin with a Scripture reference and end with questions for discussion and meditation. Appropriate for a parenting class or for personal reflection. 144 Pages.



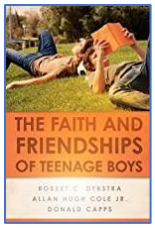
CAPTURE THE MOMENT: BUILDING FAITH TRADITIONS FOR FAMILIES (804232) Author: Isbell, Rick and Sue. This book helps families celebrate the good times, find strength in the bad times, and preserve the memories of the in-between times. For each milestone event the authors provide a description of its significance, biblical background, discussion starters for family conversation, and ideas for celebrating or recognizing the event. Includes suggestions for using the book in small groups, classes, retreats, and other church settings. 127 Pages.



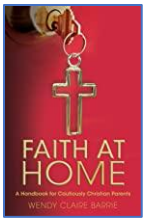
CHILDREN AND PRAYER: A SHARED PILGRIMAGE (804273) Author: Cloyd, Betty Shannon. Chapter titles: Let the children come; To such as these; Ages and stages; The wind blows where it will; Guidelines for teaching children to pray; Activities to enhance the child's experience of prayer; And a little child shall lead them; Guidance for parents and others who love children; Interviews with children; Prayers. 165 Pages.



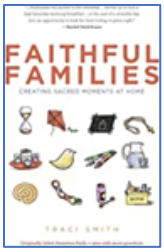
CHRIST WALK KIDS: A 40-DAY SPIRITUAL JOURNEY FOR TWEENS AND TEENS (816224) Author: Courie, Anna Fitch. Designed to help youth think about their health, their bodies, their relationship with God, and their purpose in the world, this 40-day journal provides short devotional readings for any time of year. Includes daily reflection questions and the following journal prompts: number of steps taken, miles journeyed, exercise chosen, What I told God today, and Something I thought about. A chart is provided so that other activities (running, biking, aerobics, dancing, yoga, prayer/meditation, or volunteerism) can be logged instead of walking. Includes suggestions for using the program with a group. 99 Pages.



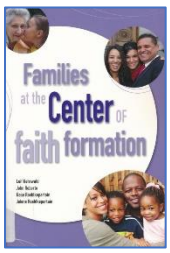
FAITH AND FRIENDSHIPS OF TEENAGE BOYS (817293) Author: Dykstra, Robert; Cole, Allan Hugh; Capps, Donald. This book focuses on later adolescent boys, ages 15 - 19. Chapters: Faithful friendships; Friendship as boyhood spirituality; Subversive friendships; Friendly fire; Close friendships. Includes index. 119 Pages.



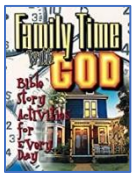
FAITH AT HOME: A HANDBOOK FOR CAUTIOUSLY CHRISTIAN PARENTS (817057) Author: Barrie, Wendy Claire. The author, a member of the Episcopal church, discusses how to give children a foundation of faith through practices and rituals in the home. Chapters: Talking about God; Talking with God; Bible stories; Why church?; Seasons and celebrations (discusses Advent, Christmas, Epiphany, Martin Luther King Jr., Valentine's Day, Lent, Easter, Pentecost, Summer saints -- Holy Women, Holy Men, Fall saints -- Saint Francis, Martin of Tours, Halloween, All Saints Day, All Souls Day); Making home holy (special days, rituals, milestones); Finding God in difficult times; Meeting God in others; A note to clergy and church educators. Includes glossary and bibliography. 146 Pages.



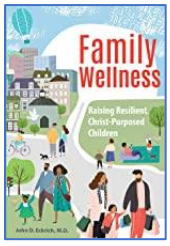
FAITHFUL FAMILIES: CREATING SACRED MOMENTS AT HOME (817151) Author: Smith, Traci. An updated version of 'Seamless Faith,' Traci Smith shares more than 50 easy-to-implement, meaningful ideas for transforming your family's everyday activities into sacred moments. Discover and develop new spiritual practices as a family. Includes ideas for use with young children through high schoolers. Chapters: Traditions for every day; Traditions for holidays/holy days; Ceremonies for marking life's transitions; Ceremonies for difficult times; The spiritual practice of prayer; Ancient spiritual practices; Other spiritual practices. Includes a guide for grandparents, a guide for ministers and ministry leaders, and a special event guide. *2021-2022 UMW Reading Program: Spiritual Growth 236 Pages.



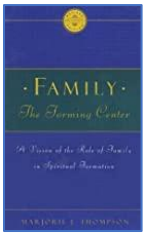
FAMILIES AT THE CENTER OF FAITH FORMATION (816197) Author: Kehrwald; Roberto; Roehlkepartain. This book proposes a new, comprehensive approach to family faith formation that places families at the center of faith formation and develops the family as a community of faith and school of discipleship while equipping parents (and grandparents) to transmit the Christian faith at home. Chapters: Transforming narratives of families in the 21st Century; Understanding 21st Century parents and families -- a review of research trends; Reimagining family faith formation -- families at the center; Growing in faith as a family; Nurturing the faith of young people through the family; Developing the family-at-the-center approach to faith formation; Designing faith formation with families at the center. 245 Pages.



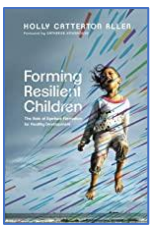
FAMILY TIME WITH GOD: BIBLE STORY ACTIVITIES FOR EVERY DAY (805251) Author: Augustine, Peg. This book includes a full year's worth of activities to help parents and children grow spiritually and build strong family relationships. Each week includes a Scripture text, a 'talk point,' a Bible story, and activities for every day. 112 Pages.



FAMILY WELLNESS: RAISING RESILIENT, CHRIST-PURPOSED CHILDREN (820086) Author: Eckrich, John. Chapters: Parenting roles and relationships with children; Parenting loving, faith-filled children; Parenting resilient, courageous, less anxious children; Parenting children with integrity; Parenting secure, Christ-purposed children; Parenting compassionate children with servant hearts; Pathways for wellness behavior in both parents and children; Contemporary examples of wellness – the Blue Zones; Parameters of wellness behavior in parents and children; Prenatal wellness; Wellness from birth to 12 months; Early childhood wellness (toddlers and preschoolers); Early elementary wellness (kindergarten–grade 3); Late elementary wellness (grades 4-8); High school wellness; Grandparenting wellness. Includes discussion guides. 241 Pages.

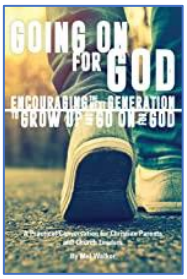


FAMILY: THE FORMING CENTER (814135) Author: Thompson, Marjorie J. Chapter titles: The family as forming center; The family as earthen vessel; Challenges to the vision; Becoming sacred shelters; Prayer in the family; Celebrating God's presence; The family as storyteller and guide; The family as servant; Gathered church, domestic church. Each chapter includes questions for reflection. Includes bibliography. 158 Pages.

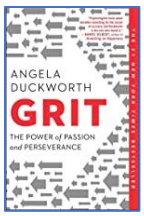


FORMING RESILIENT CHILDREN: THE ROLE OF SPIRITUAL FORMATION FOR HEALTHY DEVELOPMENT (821118) Author: Allen, Holly Catterton. Many children today are growing up in the midst of adversity, whether brought on by family difficulties or larger societal crises. All children need to be able to deal with stress, cope with challenges, and persevere through disappointments. While we cannot protect children from all hardships, we can promote healthy development that fosters resilience. In this interdisciplinary work, Holly Catterton Allen builds a bridge between resilience studies and children's spiritual formation. Because children are spiritual beings, those who work with them can cultivate spiritual practices that are essential to their thriving in challenging times. This book equips educators, counselors, children's ministers, and parents with ways of developing children's spirituality to foster the resilience needed to face the ordinary hardships of childhood and to persevere when facing trauma. It offers particular insight into the spiritual experiences of children who have been hurt by life through chronic illness, disability, abuse, or disasters, with resources for healing and hope. Chapters: What is children’s spirituality?; Resilience in children; The intersection of children’s

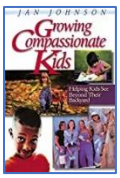
spirituality and resilience; Parenting, children's spirituality, and resilience; Grandparenting, children's spirituality, and resilience; Intergenerational Christian experiences; God's story, our story; Body and spirit; Wonder; Severe trauma; Grief and loss; Good books; Hope and resilience. 185 Pages.



GOING ON FOR GOD: A PRACTICAL CONVERSATION FOR CHRISTIAN PARENTS AND CHURCH LEADERS (819070) Author: Walker, Mel. Chapters: What do we want for our kids?; A cause for concern - are the church and the family in trouble?; Church drop-outs - why are young adults leaving and what can we do about it?; Mission-imperative -- what do Christian parents and families need from the church? (or why is the church so important?); Danger sign - has the family become more important than the church?; The 'Titus 2 Principle' - why is mentoring so important for the church and for families?; Collaboration - how can the church and home work together for the same purpose?; Stating the obvious - what if there are no perfect families or churches?; It takes a church - how can the church be a family in a 'family-unfriendly' culture?; Action steps - how to make this work in your family and in your church. 206 Pages.



GRIT: THE POWER OF PASSION AND PERSEVERANCE (818122) Author: Duckworth, Angela. Chapters: Showing up; Distracted by talent; Effort counts twice; How gritty are you?; Grit grows; Interest; Practice; Purpose; Hope; Parenting for grit; The playing fields of grit; A culture of grit. Includes bibliography and index. 333 Pages.



GROWING COMPASSIONATE KIDS: HELPING KIDS SEE BEYOND THEIR BACKYARD (806075) Author: Johnson, Jan. The author provides biblical methods for teaching children compassion toward people who live without voice or hope or Christ. She includes ideas for incorporating social outreach into family life, biblical rationale for introducing children to God's call to help their neighbor, reflection questions, personal and family devotions, and practical ideas for volunteering as a family. 164 Pages.

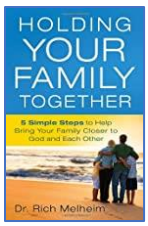


HANDING DOWN THE FAITH: HOW PARENTS PASS THEIR RELIGION ON TO THE NEXT GENERATION (822002) Author: Smith, Christian and Adamczyk, Amy. This book explores the background beliefs informing how and why religious parents seek to pass on religion to their children; examines how parenting styles interact with parent religiousness to shape effective religious transmission; shows how parents have been influenced by their experiences as children influenced by their own parents; reveals how religious parents view their congregations and what they most seek out in a local church, synagogue, temple, or mosque; explores the experiences and outlooks of immigrant parents including Latino Catholics, East Asian Buddhists, South Asian Muslims, and Indian Hindus. Authors Christian Smith and Amy Adamczyk step back to consider how American religion has transformed over the last 100 years and to explain why parents today shoulder such a huge responsibility in transmitting religious faith and practice to their children. The book is rich in empirical evidence and unique in many of the topics it explores and explains, providing a variety of sometimes counterintuitive findings that will interest scholars of religion, social scientists interested in the family, parenting, and socialization; clergy and religious educators and leaders; and religious parents themselves. Includes index. 248 Pages.

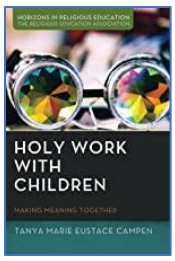


HEARTBEAT OF A MOTHER: ENCOURAGEMENT FOR THE LIFELONG JOURNEY (819141) Author: Rubietta, Jane. Many mothers experience the joy, laughter, and hope of parenting — and yet are riddled with shame, doubt, guilt, and anxiety because of their past and fear of the future. Through discipleship and intimate fellowship, mothers of all ages will enjoy diving into this six-week group study that provides interactive vulnerability and truth. *2020 UMW Reading Program: Nurturing for Community 223 Pages.

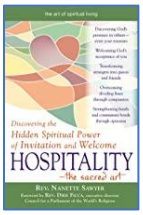
HELPING CHILDREN KNOW GOD: 140 PRACTICAL IDEAS TO HELP YOUR CHILDREN GROW IN FAITH (820059) Author: Yount, Christine. A collection of activities, games, crafts, field trips, service projects, and more that will help you clearly teach about attributes of God: Who is God?; Our all-powerful God; Our creator God; Our all-knowing God; Our ever-present God; Our loving God; Our good God; Our wise God; Our unchanging God; Our gracious God; Our forgiving God; Our faithful God. Includes Scripture index. 111 Pages.



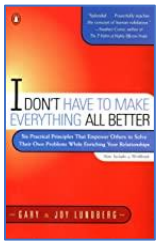
HOLDING YOUR FAMILY TOGETHER: 5 SIMPLE STEPS TO HELP BRING YOUR FAMILY CLOSER TO GOD AND EACH OTHER (819053) Author: Melheim, Rich. Imagine a home where every person feels loved, valued, and heard. Imagine a family that seeks God's wisdom, will, and Word together. Rich Melheim shares a workable, powerful plan (FAITH5) based on a simple nightly routine -- share, read, talk, pray, bless. Learn how this simple ritual creates spiritual, emotional, and physical benefits for you and your child. 232 Pages.



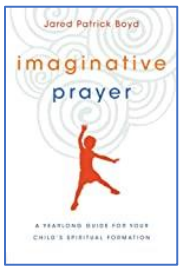
HOLY WORK WITH CHILDREN: MAKING MEANING TOGETHER (821084) Author: Campen, Tanya Marie Eustace. Children are theologians with the ability to recognize and respond to God's presence in their lives. Listening to the stories of children helps us to understand how children make meaning out of God's presence and reveals tools that children use as they claim their faith. With this knowledge, adults can then better promote and encourage children's spiritual growth. Offering a theology of childhood, this book values the child's role in the Body of Christ and God's transformative work. Dr. Campen invites readers to consider: How does listening to children teach us about God and faith formation?; What wisdom and insight do children offer to all of us by how they seek understanding of God and God's presence in their lives?; How can we guide and support the children in our communities in this work? This book offers practical examples for how congregational leaders, parents, and those who journey with children can encourage and guide them as they make theological meaning and discover ways to respond to God's grace and love making a difference in their communities and the world. Chapters: Starting from the very beginning – a story created out of wonder and curiosity; Children as theologians – making meaning together; Holy conversation – listening to children; Holy conversations with God; Tools for this holy work; Faithful praxis – partnering with God's children. Includes bibliography. 116 Pages.



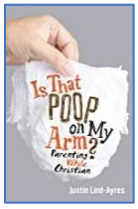
HOSPITALITY: THE SACRED ART (808067) Author: Sawyer, Nanette. Discovering the Hidden Spiritual Power of Invitation and Welcome. The author shares ideas and practices that can help you hold a receptive, reverent, and generous posture toward life, love, God, reality, other people, and creation itself. Chapter titles: Hospitality to God--welcoming God's welcome; Hospitality to Self--inviting the authentic self; **Hospitality to Family**--offering full presence to those closest to us; Hospitality to Neighbors--becoming the merciful neighbor; Hospitality to Strangers--pursuing kinship rather than estrangement; Hospitality to Enemies--extending generosity through non-retaliation; Hospitality to Creation--knowing creation relationally. 180 Pages.



I DON'T HAVE TO MAKE EVERYTHING ALL BETTER (817124) Author: Lundberg, Gary and Joy. Six Practical Principles That Empower Others to Solve Their Own Problems While Enriching Your Relationships. Chapter titles: Be an effective validator; Leave the responsibility where it belongs; Acknowledge emotions; Develop the art of listening; Find the right time to teach; Learn the effective validating phrases and questions; **How validation works with young children**; **How validation works with teenagers**; **How validation works with adult children**; How validation works with a spouse; How validation works with parents and parents-in-law; How validation works with divorced and blended families; How validation works with friends; How validation works on the job; Conclusion. Includes exercises to practice skills. 302 Pages.



IMAGINATIVE PRAYER: A YEARLONG GUIDE FOR YOUR CHILD'S SPIRITUAL FORMATION (817174) Author: Boyd, Jared Patrick. Jared Patrick Boyd has discovered that children's spiritual formation is rooted in the imagination. When we lead our children through guided times of imaginative prayer, they can have real spiritual experiences with God. This book provides a year's worth of weekly guided imaginative prayer, themed around core topics: God's love; Loving others; Forgiveness; Jesus is the King; The Good News of God; The mission of God. Each theme has seven sessions with six imaginative prayer stations and a seventh session set aside for a week of review. Each session includes five sections: connection and formation, Q&A, imaginative prayer, for the parent or mentor, and for the journal. Includes Scripture index. More information available at www.imaginativeprayer.com 309 Pages.



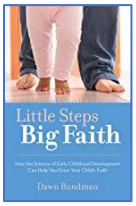
IS THAT POOP ON MY ARM? PARENTING WHILE CHRISTIAN (818185) Author: Lind-Ayres, Justin. The author, a pastor and father of three children, chronicles his adventures (and misadventures) of raising children and passing on his faith to them. But he also points out that it is children who are our best teachers in faith. With stories full of humor and honesty, this book is a welcome encouragement for parents, grandparents, and anyone who cares deeply for the children in their life. Chapters: Poop (eucharist); Snack (liturgy); Preachy (vocation); Maundy Thursday; Tooth fairy (stewardship); Graveside (funeral); Final word (logos). 134 Pages.



LET THEM BE KIDS: ADVENTURE, BOREDOM, INNOCENCE, AND OTHER GIFTS CHILDREN NEED (820132) Author: Smartt, Jessica. Former English teacher and homeschooling mother of three, Jessica Smartt felt the weight of helping prepare her kids for life, especially with all the outside pressures and influence of the world. She struggled with how she could raise her children with a sense of adventure, self-confidence, manners, faith, and the ability to utilize technology wisely. This book is her offering of grace and confidence to parents, giving them practical ideas to meet these challenges. Part story and part guidebook, every chapter includes doable strategies and encouragement for the journey. Chapters: Let them be kids – a manifesto; Why childhood matters; The gift of adventure; The gift of boredom; The gift of being uncool; The gift of imagination; The gift of balance; The gift of grit; The gift of manners and kindness; The gift of family; The gift of innocence; The gift of faith. Includes suggested book and movie lists; Conversations to have with your kids before they leave home; Things children should always have on hand; and Best family games. 238 Pages.



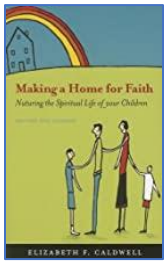
LIGHT OR DARKNESS: RECLAIMING THE LIGHT IN SPORTS (812126) Author: Stouffer, Robert. The author, a Christian who has participated in sports programs in various roles, discusses how we can structure, coach, support, and participate in sports programs so that athletes of any age can strengthen their character and play with honor. Includes insight for players, parents/grandparents, coaches, officials, school and league administrators, and the media. 235 Pages.



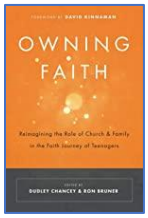
LITTLE STEPS, BIG FAITH (818186) Author: Rundman, Dawn. How the Science of Early Childhood Development Can Help You Grow Your Child's Faith. Chapters: Child development + faith - an introduction; Brain development - experiences shape pathways; Attachment schemas - your love shows God's love; Language - what we say matters; Literacy - introducing stories of faith; Music - your playlist makes a difference; Whole-body parenting - caring with touch and movement; Routines and rituals - do it, then do it again; Community - why churches are rich contexts; Now what? - how to live it. Includes bibliography. Appropriate for caregivers as well as parents. 142 Pages.



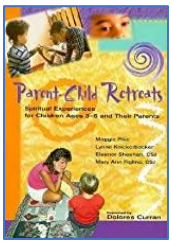
LOSING YOUR MARBLES/PLAYING FOR KEEPS (820055) Author: Joiner, Reggie and Ivy, Kristen. Two books in one. 'Losing Your Marbles: A Lot Can Happen in a Week' – A short story about love over time for anybody who will do anything with a kid or teenager this week. 'Playing for Keeps' - a book for parents, leaders, and anyone else who influences the lives of kids and teenagers. In this book, you will discover six things every kid needs over time (time, love, words, stories, tribes, and fun), and 18 practical ideas so you can make what really matters matter more. 356 Pages.



MAKING A HOME FOR FAITH: NURTURING THE SPIRITUAL LIFE OF YOUR CHILDREN (814134) Author: Caldwell, Elizabeth. Chapter titles: A halo, a star, and a bathrobe -- making a home for faith; Parenting for faith expression; Imprints of faith; And when your child asks; A faithful ecology at home, at church, and in the world; Where do I go for more help?; God's big table. Each chapter includes questions for reflection and discussion. 139 Pages.



OWNING FAITH: REIMAGINING THE ROLE OF CHURCH AND FAMILY IN THE FAITH JOURNEY OF TEENAGERS (818190) Author: Chancey, Dudley and Bruner, Ron, editors. This book is for youth leaders, parents, grandparents, and all adults interested in our youth. Chapters: You're not supposed to do this by yourself; To be a parent is to be a youth minister; Disciples learn from disciples; What is a youth minister's job, then?; Building faith at home; Discernment - core spiritual practices of the disciple; Comfort with the comfort we receive from God; Human sexuality - we have a lot to talk about; Adoptive parenting - coming to understand the heart of God; Life among the people of God; Life with peers; Friends, mentors, heroes - connecting with other generations; Bringing in the outsider - hospitality in the way of Jesus; Maintaining a holy identity while wholly immersed in a culture; Dreams, visions, and real life. Includes discussion questions. 319 Pages.



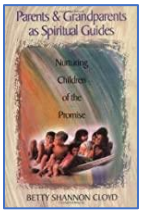
PARENT-CHILD RETREATS: SPIRITUAL EXPERIENCES FOR CHILDREN AGES 3-6 AND THEIR PARENTS (822048) Author: Knickerbocker; Pike; Figlino; Sheehan. A child's reality is sacred. This book helps parents explore that sacred reality and, in the process, invites them to identify themselves as their child's first religious educators. Activities are designed to be used in a variety of settings with 3- to 6-year-old children--in a classroom, a church or even at home with parents. Everything needed to give ten thematic children's retreats is contained in the ready-to-go scripts, material lists and step-by-step instructions. Retreat topics: Fish retreat, Bubbles retreat, Valentine's Day retreat, Kites retreat, Easter retreat, Mothers and Father's Day retreat, Picnic retreat, Candle retreat, Thanksgiving retreat, Christmas retreat. The retreat schedule includes parents-children together time, then time apart, then time together again. While the children are doing activities, parents meet together with a facilitator. Retreat activities take about two hours and, in addition, a meal may also be included before or after the retreat. 216 Pages.



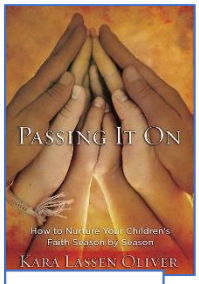
PARENT-CHILD RETREATS: SPIRITUAL EXPERIENCES FOR CHILDREN AGES 7-10 AND THEIR PARENTS (822049) Author: Knickerbocker; Pike; Figlino; Sheehan. A child's reality is sacred. This book helps parents explore that sacred reality and, in the process, invites them to identify themselves as their child's first religious educators. Everything needed to give nine thematic children's retreats is contained in the ready-to-go scripts, material lists and step-by-step instructions. Retreat topics: Eucharist retreat, Reconciliation retreat, Good Friends retreat, Good News retreat, Great Commandment retreat, Come As You Are retreat, Respect retreat, Shining Light retreat, Presence retreat. The retreat schedule includes parents-children together time, then time apart, then time together again. While the children are doing activities, parents meet together with a facilitator. Retreat activities take about two hours and, in addition, a meal may also be included before or after the retreat. 214 Pages.



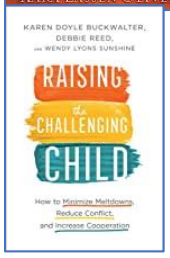
PARENTING FORWARD: HOW TO RAISE CHILDREN WITH JUSTICE, MERCY, AND KINDNESS (819081) Author: Brandt, Cindy Wang. Chapters: Parenting for a better world; A whole Gospel for a while child; Good News for the body; Parenting for imagination; Healthy spirituality; Parenting for racial justice; Parenting for gender equality; Parenting for economic and environmental justice; Parenting for inclusion; Children as radical hope. 169 Pages.



PARENTS AND GRANDPARENTS AS SPIRITUAL GUIDES (810177) Author: Cloyd, Betty Shannon. Nurturing Children of the Promise. Chapter titles: The promise is for you; All life is holy, all life is one; Letting God's light shine through; Grandparenting as a gift; Partners with God; Our life together in God. Includes discussion questions. 165 Pages.



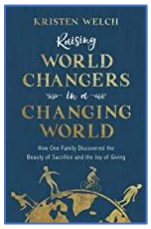
PASSING IT ON: HOW TO NURTURE YOUR CHILDREN'S FAITH SEASON BY SEASON (815174) Author: Oliver, Kara Lassen. Providing plans for four units (Advent -- preparing to receive the gifts of Christmas, Lent -- living in the awkward season, summer -- turning ordinary into extraordinary, and back-to-school -- growing fruit of the Spirit) this book provides plans for weekly family gatherings with age-appropriate activities. A leader's guide for parent groups using the book together is also provided. 94 Pages.



RAISING THE CHALLENGING CHILD: HOW TO MINIMIZE MELTDOWNS, REDUCE CONFLICT, AND INCREASE COOPERATION (820120) Author: Buckwalter, Karen Doyle; Reed, Debbie; Sunshine, Wendy Lyons. Building on their work at Chaddock in Quincy, Illinois, an internationally recognized leader in the treatment of children suffering from the psychological, emotional, and spiritual effects of significant abuse, neglect and trauma, the authors empower frustrated parents with practical tips. Chapters: Invest in the relationship bank; Let everyone calm down; Take charge and stay in charge; Provide clear, consistent limits; Balance structure and nurture; Respond, don't react; Share power to gain power; Be playful and surprising; Apologize if you make a mistake; Keep the goal in mind; Respond to what's beneath behaviors; It's okay to revisit an earlier stage; Real solutions involve the whole family; Change up your steps in the dance; Don't ask "What's wrong?;" All kids do goofy things; Help a child feel validated and valued; Talking back is better than hitting; Celebrate who your child really is; Look for what's behind your own reactions; Take care of yourself; Say it without no; Every two hours, feed and water the kids; Stay alert to what your child really needs; Do it together; Give healthy touch; Be present for the teachable moments; Rehearse for tough situations; Expect some conflict; The gift your child wants is you. 268 Pages.



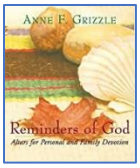
RAISING WHITE KIDS: BRINGING UP CHILDREN IN A RACIALLY UNJUST AMERICA (818014) Author: Harvey, Jennifer. Not just for parents, this book is also for teachers and others who have young people in their lives. Chapters: Good parents, hard conversations; From color-blindness to race-conscious parenting; Where do I start?; What does a 'healthy' white kid look like?; Do we have to call it racism?; Our bodies in racial scripts; Diversity is confusing!; What does resistance look like?; A just racial future. Includes bibliography. 306 Pages.



RAISING WORLD CHANGERS IN A CHANGING WORLD (819155) Author: Welch, Kristen. How One Family Discovered the Beauty of Sacrifice and the Joy of Giving. This inspiring book shows parents how to discover and instill in their kids the profound joy of sharing our gifts — our time, our talents, and even our money — with those who have less. Through powerful personal stories as well as Scripture, Kristen Welch offers a tantalizing, powerful alternative to status-quo parenting. At the end of each chapter, Welch's kids offer their perspective on what it's like to be raised as a world changer. *2020 UMW Reading Program: Spiritual Growth 200 Pages.



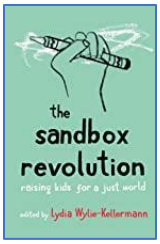
READ-ALOUD FAMILY: MAKING MEANINGFUL AND LASTING CONNECTIONS WITH YOUR KIDS (818085) Author: Mackenzie, Sarah. Chapters: How reading aloud can change the world - or at least, how it's changing mine; Waiting for the walrus - being fully present; Roar of the lion - inspiring heroic virtue; Ready or not - preparing for academic success; Walking a mile - nurturing empathy and compassion; Create a book club culture at home; Debunk five myths; Set yourself up for success; Become a literary matchmaker; Master the art of conversation; Ask compelling questions; Books are delicious, ages 0-3; Age of wonder, ages 4-7; The world expands, ages 8-12; Finding my way, the teen years. Includes indexes by title, author/illustrator, and age recommendation. Also includes recommended resources for parents. 282 Pages.



REMINDERS OF GOD: ALTARS FOR PERSONAL AND FAMILY DEVOTION (804195) Author: Grizzle, Anne F. Part 1: Altars Ancient and New. Part 2: Spiritual Disciplines for Altar Life. Part 3: Expanded Altar Possibilities. Since ancient times, altars have helped remind us of the works of God. In this book, the author shows us how a personal altar provides an opportunity to refocus our busy, worry-filled lives so that we may more fully experience the life that God has for us. 180 Pages.



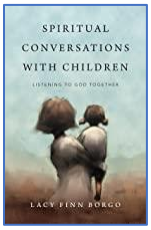
SACRED HOLIDAYS: LESS CHAOS, MORE JESUS (818208) Author: Kiser, Becky. Holidays are meant to be more than chaos with glimpses of grace; they are meant to draw us closer to God and one another. This book helps you avoid what has tripped you up in the past and gives you insights, tips, and tools to make your holidays less chaotic and more about loving Jesus and others. Don't let your holidays be marked by regret, whimsy whirlwinds, or survival mindset. Let's celebrate every holiday together purposefully and worshipfully - loving Jesus and others well in every moment. Chapters: Regrets, better ways, and baby steps; Social experiments and all things whimsy; Holidays (read 30-60 days before holiday): New Year's, Valentine's Day, Lent and Easter, Summer, Halloween, Thanksgiving, Advent and Christmas, Happy Birthday; Common struggles (read as needed): How to not be THAT Christian; Realistic expectations; Conflict, drama and all the feels; Budgets and generosity; Schedules and plans; Grief; Santa and the Easter Bunny; P.S. - be yourself and be with others. Appropriate for teachers and grandparents as well as parents. 242 Pages.



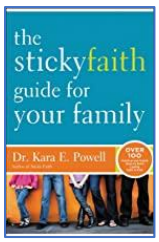
SANDBOX REVOLUTION: RAISING KIDS FOR A JUST WORLD (821034) Author: Wylie-Kellermann, Lydia, editor. It is a complex time to be a parent. How do we, as parents, cultivate in our children a love of the earth, a cry for justice, and a commitment to nonviolence? What practices do we hold as a family to encourage them to work with their hands, honor their hearts, and nurture their spirits? This book calls upon our collective wisdom to wrestle with the questions, navigate the challenges, offer concrete practices, and remind parents of the sacredness of the work. Written by parents who are also writers, pastors, teachers, organizers, artists, gardeners, and activists, this anthology offers a diversity of voices and experiences on topics that include education, money, anti-racism, resistance, spirituality, disability justice, and earth care. Chapters: What makes a family? Infertility, masculinity, and the fecundity of grace; Money – nurturing a family culture of generosity; Education – learning at the speed of trust; Where to live – putting down roots and being known; Spirituality – entrusting our children to the path; Moving beyond normativity – family as a haven for authenticity, self-expression, and equity; Raising antiracist white kids – some rules need to be broken; Resisting patriarchy – messy, beautiful interdependence; Ableism – opening doors and finding transformation; Honoring Earth – healing from the carceral mind and climate crisis with joyful interconnectedness; The power of story – subversive lessons from grandmother oak; Building community – choosing life in the certainty of death; Risk and resistance – the cost and gifts to our children; How do I heal the future? Reclaiming traditional ways for the sake of our children; Confessions of a bad movement parent – raising children for autonomy; We turned our human – Laurel Dykstra's daughter Myriam responds; Conclusion – blessings upon the unraveling. Includes discussion questions and bibliography. 281 Pages.



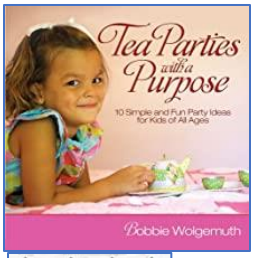
SCRAMBLED STARTS: FAMILY PRAYERS FOR MORNING, BEDTIME, AND EVERYTHING IN-BETWEEN (816233) Author: Youngman, Jenny. This little book is a reference for parents who need both encouragement for family prayer and the words to say. Chapters: Mealtime prayer, Bedtime prayers, Morning devotions, Memorizing Scripture, Prayers for occasions, Just for parents prayers, Just for kids prayers. Also appropriate for grandparents, caregivers, and teachers. 98 Pages.



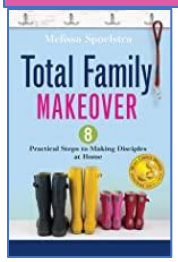
SPIRITUAL CONVERSATIONS WITH CHILDREN: LISTENING TO GOD TOGETHER (820127) Author: Borgo, Lacy Finn. We are born into this world with a natural longing to connect to God and other human beings. When children have a listening companion who hears, acknowledges, and encourages their early experiences with God, it creates a spiritual footprint that shapes their lives. How can we increase our capacity to engage children in spiritual conversations? In this book, Lacy Finn Borgo draws on her own experience of practicing spiritual direction with children. In this book you'll find: sample interactive dialogues with children; ideas for engaging children with play, art, and movement; and prayers to use together. Whether you are a parent or grandparent, pastor, or spiritual director, you will find this to be a friendly guide into deeper ways of listening. Chapters: Learning from Christopher; Children's spiritual formation; Posture, power, and patterns; The gift of eyes and ears; The language of play and projection; Attending the Spirit; Whole person prayer; Two friends on an expedition; Mystery. Includes: A childlike version of Psalm 23; Three guided prayer pages for walking a labyrinth; A childlike adaptation of the Lord's Prayer with bodies; Holy listening information and permission form; questions for reflection and discussion; and bibliography. 166 Pages.



STICKY FAITH GUIDE FOR YOUR FAMILY (817059) Author: Powell, Kara. Over 100 Practical and Tested Ideas to Build Lasting Faith in Kids. Chapter titles: Why does your family need a sticky faith guide?; Modeling sticky faith; Showing sticky forgiveness; Building blocks of sticky faith; Finding ways to relate to your teenager; The power of five faith-building adults; The magic of intergenerational interaction; Talking faith with your kids; Downtime ways to build sticky faith; Making your house a hub of faith; Putting family faith to work (service projects); Helping kids leave home with a faith of their own. Includes questions for reflection or discussion. 239 Pages.



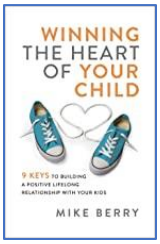
TEA PARTIES WITH A PURPOSE (811087) Author: Wolgemuth, Bobbie. 10 Simple and Fun Party Ideas for Kids of All Ages. For moms, teachers, grandmas, Bible school leaders, or anyone who loves the idea of sharing a tea party with little friends, this book is for you! Valuable life lessons are taught through themed parties that are complete with recipes, craft instructions, song selections, and devotional messages. Themes: Under the Sea Tea; Snowflake Tea Party; Honeybee Tea; Happy Day Tea; Home Sweet Home Tea; Angel Tea Party; Hands and Feet Tea; Teddy Bear Picnic Tea; Asian Tea Party; Happy Birthday Jesus Tea Party. 119 Pages.



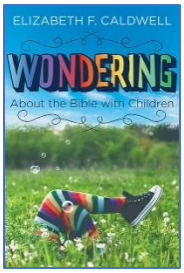
TOTAL FAMILY MAKEOVER: 8 PRACTICAL STEPS TO MAKING DISCIPLES AT HOME (816205) Author: Spoelstra, Melissa. Melissa Spoelstra gives tips on building family discipleship by: Spending time in prayer, Reading God's Word, Growing through mentoring, Finding community in the church, Serving others Taking time to rest, Giving back to God, and Sharing your faith. Each chapter includes group discussion questions. 205 Pages.



VIEWS FROM THE SPECTRUM: A WINDOW INTO LIFE AND FAITH WITH YOUR NEURODIVERGENT CHILD (821064) Author: Sandison, Ron. A remarkable inside look at the intersection of faith and autism for parents longing to connect their children with God's love. Raising a child with autism is both a challenge and an adventure and sometimes parents need to know there can also be wonderful potential for blessings. In this book, author Ron Sandison shares the inspiring stories of twenty amazing young adults with autism and how each of their family's unwavering support and faith in God led them to accomplish what was thought impossible. As a thriving adult with autism himself, Ron Sandison is determined to educate the world on the gifts and talents autism can cultivate--even when they differ from our expectations of typical success. He weaves narrative with Scripture, sharing his own journey with autism throughout the book. Full of anecdotes, scientific research, parenting tips, prayers, devotions, and more, this book is a celebration of autism, faith, and the possibilities at their intersection and is appropriate not only for parents, but for teachers and other caring adults as well. Chapters: Real superheroes don't wear capes; Where hope can be found; Prairie dogs and honey badgers; Therapy adventures; Gifts to be found; Painted butterfly; Fierce love and art; Excellent choices; Fear not; That's life; Learning to communicate; Capturing the moment; Living the dream; First gleam of dawn; Empowerment for parenting endurance; Soaring as eagles; God's got this; Eternal perspective; Answers to prayers; Ain't no stoppin' us now; The race marked out for us. 262 Pages.



WINNING THE HEART OF YOUR CHILD: 9 KEYS TO BUILDING A POSITIVE LIFELONG RELATIONSHIP WITH YOUR KIDS (819097) Author: Berry, Mike. Chapters: Winning the argument but losing the heart - pick the right fight; Boundaries built with love - one essential for parenting influence; What the Gilmore Girls, Buddy the Elf, General Patton, and Mr. Strickland share in common - how not to parent your child; The ugly stepsisters of parenting - create a new parenting pattern; Everything I know about influence I learned from my mother-in-law - key 1: blend love and discipline for influence; Fourth place can win - key 2: understand and embrace 'the shift'; You need a bigger circle - key 3: amplify other voices of influence; Time is not on your side - key 4: use your time wisely; Be fully there - key 5: stay involved with your kids; I would rather be the tortoise - key 6: commit to consistency; Hollywood lied! - key 7: love no matter what; A parent's greatest enemy - key 8: listen to what is true about you; Potato salad and headstones - key 9: leave a lasting legacy; The hats parents wear - defining a good parent; Eyes on the prize - parenting is a long-term investment; Direction determines destination - parenting with more than good intentions; Worth the fight. 216 Pages.



WONDERING ABOUT THE BIBLE WITH CHILDREN (820056) Author: Caldwell, Elizabeth. Help the Bible become a life-long companion for faith and spiritual growth for the children in your life. This book encourages natural curiosity and wonder as children read the biblical faith stories. It addresses the following questions: How do we talk about miracle stories, healing stories, and the creation stories? What about violence? What's my role in helping children learn about the Bible and feel comfortable asking questions about what they read? When kids ask about the relevancy of the Bible for today, what do we say? We want to teach them in ways that they don't have to unlearn later. This book is relevant for all adults who want to explore ways to help children read, engage, wrestle, and grow into deeper understanding of the Bible. Chapters: What story does the Bible tell?; How can we use children's natural curiosity to help them read the Bible?; Taking time and making space for God with children; Stories that form us for a life of faith; The spiritual lives of teachers and parents; Recommended Bible storybooks for children; Evaluating children's Bible storybooks; Resources for use in home and church. Includes discussion questions. 129 Pages.