



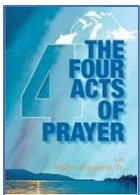
Exploring UMRC resources - #5

available to borrow from the **United Media Resource Center** <http://www.igrc.org/umrc>

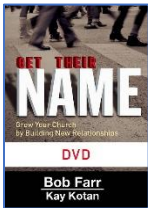
Contact us by e-mail at umrc@igrc.org

or search for and request items using [the online catalog](#)

DVDs:

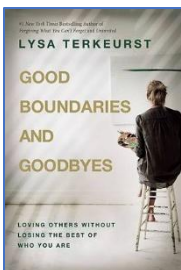


FOUR ACTS OF PRAYER (106026) Author: Wangerin, Walter. In this ten-session study Walter Wangerin, Jr. explores the following aspects of prayer: We Speak, God Listens, God Speaks, We Listen. DVD segments are approximately 13 minutes long. Includes leader's guide. Age: Adult. 132 Minutes.



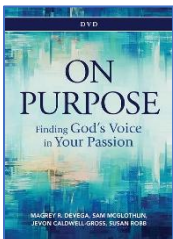
GET THEIR NAME: GROW YOUR CHURCH BY BUILDING NEW RELATIONSHIPS (107091)

Author: Farr, Bob with Kotan, Kay. This kit is designed to help people learn how to share their faith and create a culture of invitation in their church. DVD sessions: 1) Do you know your own story? (3 min.); 2) The person behind the need (3 min.); 3) Being an everyday Christian (3 min.); 4) Are you prepared? (5 min.). The kit includes a DVD, a coordinator's guide, participant workbook, the original paperback book, and a workbook for an in-depth study of the original book. Age: Adult. 14 Minutes.

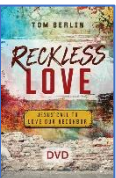


GOOD BOUNDARIES AND GOODBYES: LOVING OTHERS WITHOUT LOSING THE BEST OF WHO YOU ARE (107125) Author: Terkeurst, Lysa. In this six-session DVD study, Lysa TerKeurst discusses how creating and maintaining good boundaries help create healthy relationships.

Sessions: 1) Boundaries aren't just a good idea, they're a God idea (22 min.); 2) A relationship can only be as healthy as the people in it (28 min.); 3) Maybe we've been looking at walls all wrong (20 min.); 4) Old patterns, new practices (21 min.); 5) People in the Bible who had to say hard goodbyes (30 min.); 6) You're going to make it (26 min.). Includes study guide and hardback book. CLOSED CAPTIONED. Age: Adult. 147 Minutes.

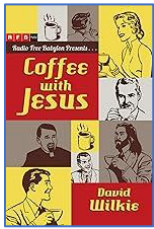


ON PURPOSE: FINDING GOD'S VOICE IN YOUR PASSION (115031) Author: deVega; McGlothlin; Caldwell-Gross; Robb. In this four-session DVD study, authors Magrey deVega, Sam McGlothlin, Jevon Caldwell-Gross, and Susan Robb help us see God's purpose for our lives, how to open ourselves to God's voice, and how to take the first or next step to follow God's call. Sessions: 1) Overcoming obstacles (10 min.); 2) Raising awareness (8 min.); 3) Channeling our passions (10 min.); 4) Journeying together (11 min.). Includes leader's guide and paperback book. CLOSED CAPTIONED. Age: Adult. 39 Minutes.

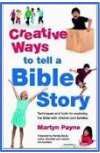


RECKLESS LOVE: JESUS' CALL TO LOVE OUR NEIGHBOR (118080) Author: Berlin, Tom. In this six-session DVD study, Tom Berlin takes a car trip with a friend and they discuss an aspect of love and how it is to be lived out. Sessions: 1) Begin with love (9 min.); 2) Expand the circle (11 min.); 3) Lavish love (8 min.); 4) Openhearted love (11 min.); 5) Value the vulnerable (9 min.); 6) Emulate Christ (11 min.). Includes leader's guide and sample participant guide. CLOSED CAPTIONED. Age: Adult. 59 Minutes.

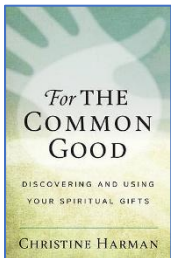
Books:



COFFEE WITH JESUS (814016) Author: Wilkie, David. Based on a popular online comic strip, this book includes a variety of 'conversations' with Jesus. Humorous and insightful. The second book 'A Second Shot of Coffee with Jesus' (#816129) is also available from the UMRC. Age: High school – Adult. 118 Pages.



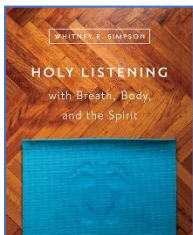
CREATIVE WAYS TO TELL A BIBLE STORY (818052) Author: Payne, Martyn. This book contains a wealth of tried and tested ideas designed to lift any Bible story off the page and into the hearts and minds of children and adults. Section 1: Way in - introducing the story; Section 2: Way through - telling the story. Section 3: Way out - exploring and reflecting on the story. Includes Scripture index. Age: Adult. 169 Pages.



FOR THE COMMON GOOD: DISCOVERING AND USING YOUR SPIRITUAL GIFTS

(823006) Author: Harman, Christine. Discover your spiritual gifts and learn how to use them to serve others. Examining key passages in Paul's writings, author Christine Harman leads readers through a personal spiritual gift assessment. She names 25 distinct spiritual gifts - such as discernment, hospitality, compassion, evangelism, and music - and helps people explore scripture references on each one. After identifying their particular gifts, clergy and laypeople will learn how to apply them for the good of their church, community, and the world. This book is ideal for both group study and self-discovery. Also included are suggestions for how to build a ministry team based on the gifts of each individual. A five-session leader's guide PDF for small groups can be purchased at <https://store.upperroom.org/product/for-the-common-good-2>

Age: Adult. 127 Pages.

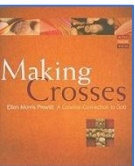


HOLY LISTENING WITH BREATH, BODY, AND THE SPIRIT (820026) Author: Simpson, Whitney. A stroke at age 31 forced Whitney Simpson to slow down and listen more deeply to her body. During her journey toward healing and wholeness, she found several ancient practices helpful in listening to God and her body: lectio divina, yoga, breath prayer, essential oils, and reflection. Ultimately she found God's peace. This 40-day prayer book guides us to listen more closely to God with our bodies. Each day includes scripture, yoga postures, breath prayers, essential oils, and reflection questions. Age: Adult. 134 Pages.

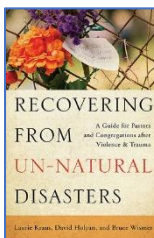


IN HER WORDS: WOMEN'S WRITINGS IN THE HISTORY OF CHRISTIAN THOUGHT

(818071) Author: Oden, Amy, editor. This book contains selections from the writings of 36 major female theologians, each written in modern English translation, with a brief introduction outlining its historical and theological context. Authors include Perpetua, Hildegard of Bingen, Clare of Assisi, Birgitta of Sweden, Julian of Norwich, Teresa of Avila, Susanna Wesley, Phoebe Palmer, Lucretia Mott, Elizabeth Cady Stanton, Georgia Harkness, and many more. Includes bibliography. Age: Adult. 347 Pages.



MAKING CROSSES: A CREATIVE CONNECTION TO GOD (809092) Author: Prewitt, Ellen Morris. This book is about the new spiritual practice of making crosses and how it can transform your relationship with God, yourself, and the world around you. These spiritual crosses are made with simple and cast-off materials and do not require 'artistic' talent. Includes tips for making crosses in a workshop. Age: Adult. 132 Pages.



RECOVERING FROM UN-NATURAL DISASTERS (817075) Author: Kraus, Laurie; Holyan, David; Wismer, Bruce. A Guide for Pastors and Congregations after Violence and Trauma. In this handbook, church leaders explore each of the four phases of a human-caused disaster -- devastation and heroism, disillusionment, reforming, and wisdom. Step-by-step suggestions on how to handle an un-natural disaster from the minute it occurs are included, along with sample worship resources, such as prayers and music and sermon suggestions that are appropriate to use during periods of trauma and recovery. Includes bibliography. Age: Adult. 146 Pages.